

The 2022 Los Angeles Times Festival of Books presents Memoire Memes

Heartfelt Memoir Involving Author's Life from Childhood to Adolescence Provides Motivation and Inspiration For All

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/EINPresswire.com/ -- Author Dr. Henrietta Abbey was one of the featured authors at the Los Angeles Festival of Books 2022 with her published book titled [Memoire Memes](#). The book is an autobiography of the gripping life of the author. It narrates her life history, school, and the institution she attended in her childhood until she grew up to adolescence. It shares a section where she migrated to the United States and experienced marriage and motherhood that did not last long. In this event, she pauses and questions why such things and events happened to her life.



In the last part of the book, she reflects on the lessons that she received and moves forward with positivity in mind. Sharing these life reflections and experiences can inspire many people to be motivated that you are not alone and, collectively you can reach your dreams, plans, and aspirations in life.

Dr. Henrietta Abbey originated from Accra, Ghana. After she graduated from her secondary education, she started working for the Statistical Service in Ghana and joined a drama group, wrote, and recited poems at her local church. In 1995, Dr. Abbey migrated to the United States and resided in the Bronx. She earned an Associate's Degree in Early Childhood and started working for the Police Department in Manhattan and the Bronx. She received awards for her work and her church.

Memoire Memes

Written by: Dr. Henrietta Abbey



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