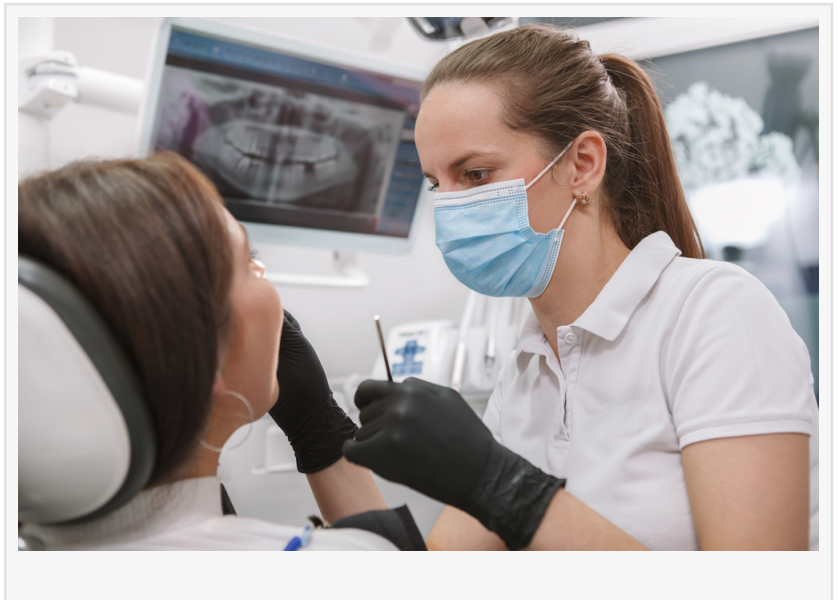


Health Centered Dentistry Releases Guide on Ozone Therapy and Its Dental Health Benefits

ANCHORAGE, ALASKA, UNITED STATES, June 30, 2022 /EINPresswire.com/ -- Health Centered Dentistry has released a [guide on ozone therapy](#) and its dental health benefits. Ozone therapy has been used by other countries in Europe, South America, and others for a long time but has been more recently adopted for dental procedures.

This is a type of therapy that fights bacteria and periodontal disease. It's non-invasive and used to reduce sensitivity caused by gum recession. Ozone therapy utilizes three atoms of oxygen compounded to be used as an anti-bacterial, anti-viral, anti-microbial, anti-fungal, and anti-parasitic treatment.



It's been shown to stimulate remineralization of recent caries-affected teeth with preventative therapy in caries and root caries. Ozone therapy can be used for a wide range of dental problems, including:

- Reduction of tooth sensitivity
- Oral lesions in and outside of the mouth
- Sterilization of tooth canals during root canal therapy
- Sterilization of water lines for dental equipment

The ozone can be given in several treatment types, including gas, liquid, or oil. Depending on the dental need, the dentist will recommend a treatment plan.

People suffering from dental problems resulting in bacteria can utilize ozone therapy as an effective treatment. Some benefits of ozone therapy include:

- Elimination of tooth decay

- Effective remineralization that effectively repairs weakened enamel
- Minimally invasive solution that is applied directly on the outside of the tooth or gums
- Reduction of tooth sensitivity that's usually caused by thin enamel
- Canker sore treatment that can effectively treat, heal, and reduce the pain of canker sores
- Treatment of Temporomandibular Joint (TMJ) pain
- Safely, effectively, and naturally treat dental problems without toxic materials
- Quick results with no numbing agent, and it's applied directly to the affected area

An ozone therapy treatment is typically done quickly and painlessly. It usually only takes a small number of treatments to be effective.

Health Centered Dentistry is a holistic dentist located in Anchorage, Alaska. They offer regular dental treatments along with holistic services. People interested in getting help with their oral health should visit the [Health Centered Dentistry website](#) to learn more.

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