

# Dr. John Paggioli Enlightens About Pain Management In His Recent Interview

*John Paggioli Tells His Story In A New Online Interview*

NORWICH, CT, UNITED STATES, July 12, 2022 /EINPresswire.com/ -- [Dr John Paggioli](#) is a fellowship-trained pain management specialist who has been in practice for over 25 years. He graduated from Columbia University and New York University School of Medicine and completed his anesthesiology residency at the Columbia-Presbyterian Hospital, followed by two pain management fellowships, the first at Brigham and Women's Hospital, Harvard Medical School, and the second at Texas Tech University Medical Center. In this interview, Dr. Paggioli discusses the current state of pain management and offers advice for those suffering from chronic pain.

Talking about the misconceptions, he said: "I think the single biggest misconception is that pain is just in your head. It's not." He continued: "Pain is a very real experience, and it can have a profound effect on every aspect of your life. It's important to understand that pain is a complex condition, and there are many different types of pain. Just as there are many different types of pain, there are also many different treatment options available. The key is to work with a pain management specialist who can tailor a treatment plan specifically for you."

When asked about the latest developments in the field of pain management, Dr. Paggioli said: "There have been a number of new developments in the field of pain management, particularly in the area of interventional pain management. This is a rapidly growing field, and there are new procedures and techniques being developed all the time. One of the most exciting recent developments is the use of stem cells to treat chronic pain. This is a new treatment option that is showing great promise."

Dr. Paggioli, the founder of Eastern CT Pain Treatment Center, went on to discuss the importance of interventional techniques in pain management and how they can help patients



Dr John Paggioli

get their lives back. He said: "Interventional techniques such as nerve blocks, trigger point injections, steroid injections, radiofrequency ablation of sensory nerve branches to joints and the spine, and spinal cord stimulation can be extremely effective in reducing pain. These techniques can help to improve your quality of life by reducing your pain and allowing you to return to activities that you enjoy."

When asked about the future of pain management, Dr. Paggioli said: "I think we will continue to see new and innovative treatments being developed. I believe that we will also see a greater emphasis on multidisciplinary care, which is care that is provided by a team of specialists who work together to provide the best possible outcome for the patient."

In conclusion, Dr. Paggioli offered some advice for those suffering from chronic pain: "Don't give up hope. There are many effective treatments available for chronic pain. Work with a pain management specialist to find the right treatment plan for you, and don't be afraid to try new things. Pain management is a rapidly evolving field, and new treatments are being developed all the time. Be sure to stay up-to-date on the latest developments, and don't hesitate to ask your doctor about new treatment options."

About Eastern CT Pain Treatment Center:

Eastern CT Pain Treatment Center is a comprehensive pain management center that offers a multidisciplinary approach to the treatment of chronic pain. The center refers to and receives referrals from specialists including primary care doctors, orthopedic and spine surgeons, neurologists, rheumatologists, physical therapists, chiropractors, and psychologists. The center offers a wide range of treatments, including interventional procedures and medication management

[Check out the full interview with Dr John Paggioli.](#)

Dr John Paggioli

Eastern CT Pain Treatment Center

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