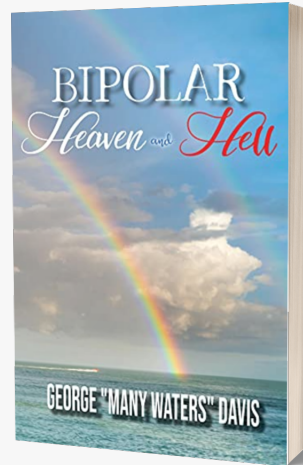


Life with Bipolarism: Lessons in a New Masterpiece

Author George Davis Writes His Life Story and the Lesson it Teaches

TORONTO, ONTARIO, CANADA, July 20, 2022 /EINPresswire.com/ -- Bipolar people are often misjudged by those who do not know its nature. It cannot be overemphasized that bipolarism, just like any mental illness, requires not only psychiatric intervention but also family support.

This is what George Davis' book entitled "[Bipolar Heaven and Hell](#)" explores in a story he narrates through the lens of his 50 years of struggle and management of the said illness.



"Bipolar Heaven and Hell"

Davis highlights the importance of discovering the early signs of bipolarism, and how to manage expectations of people who have family members suffering from the illness. Keeping relationships intact despite the condition is also the goal of Davis who managed to tell the story of his 50-year journey with bipolarism in a 52-page book.

"It is my sincere hope that these types of people may read this book and recognize some of the symptoms and gain a better understanding of what is happening," Davis says. He continues that in his experience, when you have dealt with bipolar for that long, you are able to see the symptoms and recognize them in everyday people.

George Many Waters Davis is a Vietnam Veteran. Davis was diagnosed with the condition during his 20s. He is a retired tugboat captain and lives in the country with his wife of 41 years. He started the Red Clay Band in which he plays the guitar and harmonica. George created The Awakening Christian Circle (TACC), a weekly men's group.

As Davis continues to inspire and teach many individuals, he seeks to have a better

understanding of bipolar disorder worldwide, leading to a world of understanding and improved personal management of this illness.

Grab your copy of "Bipolar Heaven and Hell" through Amazon and other digital bookstore platforms.

About [Bookside Press](#):

Bringing stories and ideas to life, one tap at a time.

Bookside Press is all about creating buzz in the digital world. Buzz that'll have each vital message be heard loud and clear. Headquartered in Canada, this hybrid publishing and advertising company aims to share the magic of its authors' books with the world. With a dedicated team of creatives and marketing professionals, Bookside Press collaborates with clients in building better brands that stand out and reach greater heights.

EMMANUEL LAGUARDIA

Bookside Press

+1 877-741-8091

[email us here](#)

Visit us on social media:

[Facebook](#)

[Twitter](#)

[Other](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/582194537>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2022 Newsmatics Inc. All Right Reserved.