

Community experts promote youth knowledge about money and healing between slavery descendants

The Cultural Wellness movement supports personal and collective wholeness for people affected by centuries of skin color bias.

FORT LAUDERDALE, FLORIDA, USA, August 8, 2022

/EINPresswire.com/ -- According to the Federal Reserve, In 2019, white Americans had a median family wealth of \$188,200, while Black Americans had a median family wealth of \$24,100.

<https://www.federalreserve.gov/econres/notes/feds-notes/disparities-in-wealth-by-race-and-ethnicity-in-the-2019-survey-of-consumer-finances-20200928.htm>

Teaching youth and families about money and finance is one way to begin to narrow this wealth gap. Fire Forged Recovery hosts LaTarsha Mack of An Honest Resolution LLC to talk about the solutions.

Ms. Mack, a certified coach, entrepreneur, multi-level marketing consultant, and motivational speaker, helps others to see life from a different perspective and create opportunities to change by helping them identify their purpose and understand their value. It starts with her eight practical tips for becoming financially free.

In the workshop "Becoming Friends with Money," participants get an introduction to recovering from the effects of oppression by building new economic habits. The workshop takes place Saturday, August 13, 2022, from 3:00 pm-4:30 pm ET via zoom. Register at <https://www.eventbrite.com/e/becoming-friends-with-money-tickets-394073302857> or at www.theculturehasthecure.com/workshops-forums, or text (754) 777-0806.

To begin the road to [healing](#) between various subgroups in the African descent community, on Saturday, September 3, 2022, from 3:00 pm-4:30 pm ET via zoom, join "Haitian and African-



BECOMING FRIENDS WITH MONEY
You Are Never Too Young To Build Wealth. Start Now.
SATURDAY AUGUST 13, 2022
3 PM - 4:30 PM
VIA ZOOM



AN HONEST RESOLUTION LLC

Are you a teen who doesn't yet know about money? Are you parenting a teen for whom you want a better, brighter, and more prosperous life? Learn the not-so-secret money management tools that African American youth seldom hear about. Learn how to build a bright financial future. Join LaTarsha Mack of An Honest Resolution as she helps teens and tweens develop a Money Power Plan.




Cost: Free/Donation when you Register by August 6, 2022. \$5 on the day of the event text (754) 777-0806, or sign up at www.theculturehasthecure.com/workshops-events
Zoom address: <https://us02web.zoom.us/j/88197765150>

A Cultural Wellness Movement Workshop in collaboration with An Honest Resolution
#THE CULTURE HAS THE CURE

Becoming Friends With Money

American Unity: We are one people with a shared history and present."

Edner Jean, Executive Director of Foundation Lumiere et Vie, discusses the strengths, love, and critical need for healing between Haitian and American-born blacks. Mr. Jean, a Certified Mental Health Professional, Adjunct Psychology instructor, and Haitian migrant, leads Foundation Lumiere et Vie to encourage faith-based and civic leaders to encourage community involvement, voter education, and resource development. Register at <https://www.eventbrite.com/e/394100413947>, or www.theculturehasthecure.com/workshops-forums. The workshops are a part of the [Cultural Wellness Movement](#).

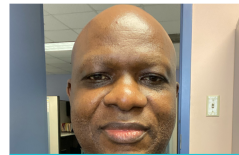
Supporting the community in a grassroots, forward movement to psychological freedom and enrichment, the Cultural Wellness Movement ("#TheCultureHasTheCure), was launched by Fire Forged Recovery earlier this year. The organization hosts community conversations where people can explore the full scope of needed healing. In partnership, various community experts host workshops and activities on topics in their area of focus and expertise which are related to the work of recovery for people affected by skin color bias. Together and over time, all affected will rise above disunity, misinformation or lack of knowledge, and denial.

Attend the [Requiem for Slavery](#) on August 20, 2022, at Von D. Mizell/Eula Johnson State Park in Dania Beach, Florida. Get your ticket to attend the Requiem For Slavery at <https://www.eventbrite.com/e/requiem-for-slavery-tickets-313255855697>.

Find out more about the Cultural Wellness Movement at www.theculturehasthecure.com and

HAITIAN AND AFRICAN-AMERICAN UNITY

We Are One People with a shared history and present
SATURDAY SEPTEMBER 3, 2022
3 PM - 4:30 PM
VIA ZOOM



The people of Haiti were among the first to mount a major resistance to the atrocity of chattel slavery, led by Toussaint L'Ouverture. In the words of Nikole Hannah-Jones, developer of the 1619 project, Haiti has been punished for this resistance ever since. But what about the sometimes-troubled relationship between people from Haiti and US born Blacks? Edner Jean discusses the strengths, love and critical need for healing between Haitians and Black Americans.



Cost: Free/Donation when you Register by September 2, 2022. \$5 on the day of the event text (754) 777-0806, or sign up at <https://www.eventbrite.com/e/haitian-and-african-american-unity-tickets-394100413947> or www.theculturehasthecure.com/workshops-events

A Cultural Wellness Movement Workshop in collaboration with

Foundation Lumiere et Vie
#THE CULTURE HAS THE CURE

Haitian and African American Unity

What is Requiem For Slavery?

Requiem for Slavery is a 'period at the end of our sentence' of being prisoners of the chattel slavery war. It is a point in time when people of African descent and everyone who rejects skin color bias and its filthy effects formally turn away from identifying ourselves with, and by, this atrocity. It is a new dawn, a new beginning, to embrace personal and collective wholeness.

How will we embrace wholeness?

- Mark August 20, 2022, as the turning point to a new beginning. Attend the Requiem for Slavery as you would attend any other landmark life event.
- Acknowledge the Requiem for Slavery in your home or community on August 20 to mark this turning point to our new beginning.
- Examine you mind, body, soul and spirit to find the places that need healing from internalized bias. Join us in finding ways to heal this bias for good.
- Help yourself and others to heal by growing the Cultural Wellness Movement in your community.



What is Requiem for Slavery

www.fireforgedrecovery.com. There, you can become an Ambassador for the movement in your town, sign up to attend an upcoming workshop, take the 30-day wellness challenge, or take another action step.

Fire Forged Recovery's mission is to assist people, families, and communities affected by bias to achieve cultural wellness. Your tax-deductible donations are welcome.

Sonia Bailey

Fire Forged Recovery

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