

# "Encuentro" will gather chefs and the general public to highlight the history and flavors of Texas Mexican Food

*"Encuentro" is a gathering of chefs and the general public that explores the history and flavors of Texas Mexican Food.*

HOUSTON, TX, UNITED STATES, August 22, 2022 /EINPresswire.com/ -- [Texas Mexican food](#) has long flourished in native Mexican American restaurants all across Texas, in cities

and towns from Amarillo, to Abilene, San Antonio, Dallas, Corpus Christi and Brownsville.

"Encuentro" will be a by-invitation gathering, a first-time encounter among chefs and stakeholders, to explore the uniqueness of Texas Mexican food, also called comida casera, the home-style cooking of Mexican American families. It will also include a general public event.

“

history, culture and food will come together at Encuentro”

*Adán Medrano*

The meaning of an "Encuentro" underscores the importance of in-person interactions, explains [Adán Medrano](#) who is the Project Director. He says that "Encuentro" will be a two-day culinary encounter that will

be held in Houston, Texas. Over those two days, organizers will gather a small group of chefs for cooking demos and also convene a much larger public gathering for 250 people that will feature film and presentations by acclaimed scholars. "Texas Mexican food is complex, so we are making sure that history, culture and food will come together at 'Encuentro,'" Medrano said.

[Christine Ortega](#), who is the Executive Director of the project, says that "Encuentro" will highlight the fact that successful restaurants rely on the dual powers of delicious flavors and genuine hospitality. She says that "the chefs will not only cook their favorite comida casera dishes, they will also share their personal stories, about the history and meaning of their cuisine for their community."

"Encuentro" has received a major grant from Humanities Texas, the state affiliate of the National



"Encuentro" gathering to highlight the history and flavors of Texas Mexican food

Endowment for the Humanities (NEH). It is an initiative of the non-profit The Texas Indigenous Food Project. The gathering is co-sponsored by the City of Houston, Mayor's Office of Special Events (MOSE). It will be held in May, 2023.

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Texas Mexican food is the home-cooking of native Mexican American families



# Humanities Texas

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