

# Ravel Mental Health Releases Guide on How Therapists Can Turn Away Clients

CHULA VISTA, CALIFORNIA, UNITED STATES, September 6, 2022

/EINPresswire.com/ -- Ravel Mental Health has released a guide on [how therapists can turn away clients](#).

Although many mental health professionals may feel obligated to treat everyone coming to them for help, this may not be the right decision.



Turning away clients to people may seem like a bad thing to do. However, this can save the client from a potentially bad therapy experience as they have not been paired with someone that can support them in the way they need. The potential clients could need services a therapist doesn't provide or may not have the means to pay for a specific therapist.

It can also be beneficial for mental health professionals to turn down clients as it will ensure they can help them find a better-suited therapist. It also enables the therapists to focus on providing fantastic care for the clients they already have.

This guide explains five reasons a therapist may turn away clients. The five reasons that are highlighted in the article include:

1. The therapist is completely booked and can't take on more clients.
2. They have therapist burnout that has hindered their work.
3. The therapist doesn't take the client's insurance.
4. That therapist is already treating the client's relative or friend.
5. The therapist doesn't provide the necessary services or is not a good personality fit.

These are common reasons why a therapist may turn away clients. The therapist may even turn away potential patients if they feel uncomfortable and can't build a foundation of trust. That can make it difficult to treat them.

Ravel Mental Health's guide also covers how therapists can turn clients away. It can be a difficult decision and may also be challenging to tell a client they can't treat them. However, the guide explains how turning away clients properly will help both parties part ways contentedly.

[Ravel Mental Health is an online platform](#) that can help struggling people find therapy sessions that fit their needs. With filters, people can find a therapist or group in their community that will suit their needs. People interested in finding a therapy that suits them can visit the website to learn more.

Nancy Cowden  
Ravel Mental Health  
[email us here](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/589608488>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.