

# Q & A With a Practicing Rehab Director About the XR Therapy System

*We had the privilege of sitting down with Jason Edwards to get some answers about how his team uses the XR Therapy System in the real world in the clinic.*

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“

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*Jason Edwards*

(“the Company”), a leading supplier of virtual reality therapy modalities, discussed the deployment of the XR Therapy System with the Director of Rehabilitation for [St. Bernards Villa](#) where they have incorporated fully immersive virtual reality to enable new and innovative therapy plans for their patients.

St. Bernards Villa has provided over 500 activity sessions using the XR Therapy System from Neuro Rehab VR in less than six months. The patients that have used the XR

Therapy System have ranged from highly functioning individuals recovering from a specific injury or procedure to medically fragile patients working on general mobility and pain control.

The most important result from deploying the XR Therapy System at St. Bernards Villa is that patients who use the XR Therapy System are reporting better outcomes. Mr. Edwards said, “[They are] in VR and they have a whole different task to focus on, you're seeing them move a lot more freely than what they normally do.”

In addition to better patient outcomes, another key result Mr. Edwards shared that they are able to motivate patients more easily by creating meaningful change and new challenges that are only available in a virtual environment.

The deployment of the XR Therapy System has also created real financial benefits for St. Bernards Villa. From enticing new patients to come to the clinic to billing with CPT codes that were previously underutilized, the St. Bernards Villa team is seeing positive outcomes for their business model as well as their patients.

For more details from St. Bernards Villa and their use of the XR Therapy System by Neuro Rehab VR, please go to the [Neuro Rehab VR Blog](#).

## About Neuro Rehab VR

Neuro Rehab VR is a leading provider of immersive VR therapy modalities offering physical and occupational therapists over 37 activities provided in a fully immersive, 3D, virtual reality environment that are tied to specific patient treatment plan goals. Founded in 2018, Neuro Rehab VR is a private company with offices in Fort Worth, TX. For more information, visit the Neuro Rehab VR website, LinkedIn, Twitter and Facebook pages.

## About St. Bernards Villa

St. Bernards Healthcare has four hospitals in its network – the flagship facility anchoring the Matthews Medical Mile in Jonesboro, St. Bernards Medical Center; St. Bernards CrossRidge Community Hospital in Wynne, St. Bernards Five Rivers Medical Center in Pocahontas, and a management relationship with Lawrence Memorial Hospital in Walnut Ridge. Today, St. Bernards Medical Center is a major referral hospital offering advanced technology and medical services across four centers of excellence: Heart Care, Cancer Treatment, Women's and Children's Services and Senior Services. St. Bernards invests significant resources to bring advanced services, treatments and surgery techniques to our local patients.

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