

School Bullying a Crisis Post-Pandemic? Soul Shoppe Renews Call to Walk the Path of Peace

Breaking Down the Bully Myth: New Evidence Reveals Character Development Insights

DUBLIN, CALIFORNIA, UNITED STATES, September 14, 2022 /EINPresswire.com/ -- Covid-19 wasn't the only epidemic to worry about in elementary schools. The US is home to around 87,000 elementary schools. Considering Soul Shoppe's "peace path on every playground" vision, the need for viable solutions has never been greater.

School conflict with kids leaves both a short-term and a long-term impact. An article on the education authority site Chalkbeat alerted the immediate concern, citing, "Anxiety and chronic stress also trigger a child's 'survival brain,' schools across the country say they're seeing an uptick in disruptive behaviors."

Chalkbeat also documented "students trashing bathrooms, fighting over social media posts, or running out of classrooms. Others are quieter calls for help, like students putting their head down and refusing to talk." Even Politico weighed in on the issue, characterizing students' extended time away from schools because of the pandemic as "This is a disaster: Severity of learning lost."

Fortunately, there is good news. With Social-Emotional Learning (SEL), an education practice mastered by Soul Shoppe, mission-critical social and emotional skills become part of the school's curriculum.

This restorative methodology gives kids more effective communication skills to connect with others. To break down the Bully Myth, Vicki Abadesco! Executive Director of Soul Shoppe added, "The Bully Myth is just that, a myth. There are no bad kids, just kids whose feelings and voices



SOUL SHOPPE CREATING BULLY-FREE COMMUNITIES

FREE TO BE

EVERYONE HAS THE RIGHT TO A SAFE SCHOOL

3-PART DIGITAL COURSE

PART 1 - GOING BEYOND BULLYING

- Understand bullying: what it is, what it isn't, where it starts
- Practice 5 tried & true strategies to stop yourself from bullying
- Create a foundation of empathy & acceptance

PART 2 - CREATING A BULLY F.R.E.E. CULTURE

- Get F.R.E.E.: practice 4 ways to effectively and proactively respond to bullying
- Pull it out by the roots - learn tools to solve conflict and get along better
- Envision the practices that create the school culture you really want

PART 3 - BEING AN ALLY, BEING AN UPSTANDER

- Learn exactly what allies say & do to keep our community safe
- Practice standing up to bullying without bullying back
- Solidify the bully-F.R.E.E. school culture by getting real about what it takes to care for others in our community

Decrease teasing, bullying and hurtful behaviors and increase safety, respect and fun with Soul Shoppe's award-winning programs

support@soulshoppe.org
soulshoppe.org

"We need this here...I can't believe that after one assembly the amount of kids to my office has dropped dramatically. There is a new attitude here!"
- Principal, Daly City, CA

Stop school bullying in its tracks. The "Free-to-Be" digital course takes you step-by-step through 3 key phases to build a bully-free school and community.

aren't expressed fully.

Our [anti-bullying](#) programs give troubled kids more than a voice. We share a process and results-driven blueprint for resolving conflict that establishes sustainable peace. And it's working!"

The impact is two-fold. First, targeting conflict and bullying at the K-6 level benefits kids' attitudes and grades and fosters greater togetherness among schools and communities. With an anti-bullying foundation in place, positive dividends happen throughout life. Children with a [peacemaking mindset](#) progress into teens and adulthood as more grounded and aspirational individuals.



Soul Shoppe provides proven programs that reduce school bullying and boost emotional intelligence

“

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vicki abadesco!

7 Benefits of Anti-Bullying Programs Today and Tomorrow

How does removing bullying and applying peacemaking lead to positive, lasting change? Here are documented, real-world outcomes from adopting an anti-bullying peacemaking program:

1. Better Grades
2. Fewer Suspensions
3. Higher confidence, Less anxiety, and more focus
4. More likely to experience lower drug use
5. More likely to graduate high school

6. More likely to complete a college degree

7. More likely to find stable employment

For media inquiries on how there is more than meets the eye on [school bullying](#) and Soul Shoppe's role in shaping a better tomorrow for our children, call 510-338-3231.

Want to learn more about recognizing, preventing, and reducing school bullying? Email info@soulshoppe.org to receive Soul Shoppe's anti-bullying "Free to Be" 3-Part Digital Course Overview.

ABOUT SOUL SHOPPE:

Soul Shoppe creates safe learning environments that foster a culture of compassion, connection, and curiosity—eliminating school bullying at the roots.

Over the past 21 years, Soul Shoppe's proven track record boasts 560,000 students served, 48,000 workshops facilitated, 18,000 student peacemakers trained, 12,500 teachers and 7,500 parents supported, all time-tested via social-emotional learning curriculum and conflict resolution tools.

In addition to working with students, Soul Shoppe supports the entire school community by creating and facilitating dynamic staff-development training emphasizing the importance of emotional intelligence and conflict resolution for kids. Soul Shoppe also provides teachers with the necessary tools for social-emotional learning, parent workshops, and other vital resources.

To learn more, visit

<https://soulshoppe.org/>

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vicki abadesco!, Executive Director of Soul Shoppe, is on a mission to support school environments as safe, peaceful and fun places to learn.

This press release can be viewed online at: <https://www.einpresswire.com/article/590812223>

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