

Author Releases New Journal: "Shift Your Narrative"

Discovering Our Power Through Reflection. The Socratic Method Creates Magical Results!

ARLINGTON, TX, UNITED STATES, September 23, 2022 / EINPresswire.com/ -- [Arlington, Texas]: B-Global Publishing announces a new journal, "Shift Your Narrative in 28 Days: Discovering our power through reflection launched on July 27, 2022. This milestone is a major move for Trish Persen Author of Shift Your Narrative in 28 Days and Angelica Underwood, EdD (B-Global Publisher).



Throughout the years on this earth, people wear many hats and climbed many mountains. Through these experiences, we truly get to know what we are made of. However, if we do not



The power is already yours, discover it from within through reflection."

Trish Persen

take the time to reflect on these trials and tribulations; we forget the power that we possess inside of all of us. In 28 days, discover a taste of the philosophies of conscious thought through reflection. The Socratic Method is a powerful practice that is validated to "Shift Your Narrative" and transform the way of life. When teaching the Socratic Method to students, the method works and has created

magical results for humanity.

This reflective experience will offer the opportunity to get comfortable with asking questions and seeking the answers that already exist within. We are the authors of our own stories, sometimes we need a little push to write. Click here now https://shiftyournarrative.drbglobal.net/

About B-Global Publishing: We help business women to share their Mission with Millions. B-Global Publishing supercharges women business owners, delivering the right message to future generations. Elevate your business by using the power of storytelling to connect and establish

authority!

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Trish Persen, MFA, is a winner in Stage 32 2nd Annual Television Drama Writing Contest. She is a dedicated, resourceful, and goal-driven professional educator who embodies the empathetic spirit of a mentor and lifelong learner. Through inspired action, she invites her students to discover their power through reflection. With over two decades of experience, she now desires to share that with you.

Get my free 4 Online Video Series: https://thenarrativeshifter.com/

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Youtube link: https://youtu.be/uOuLCMiUZQg

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