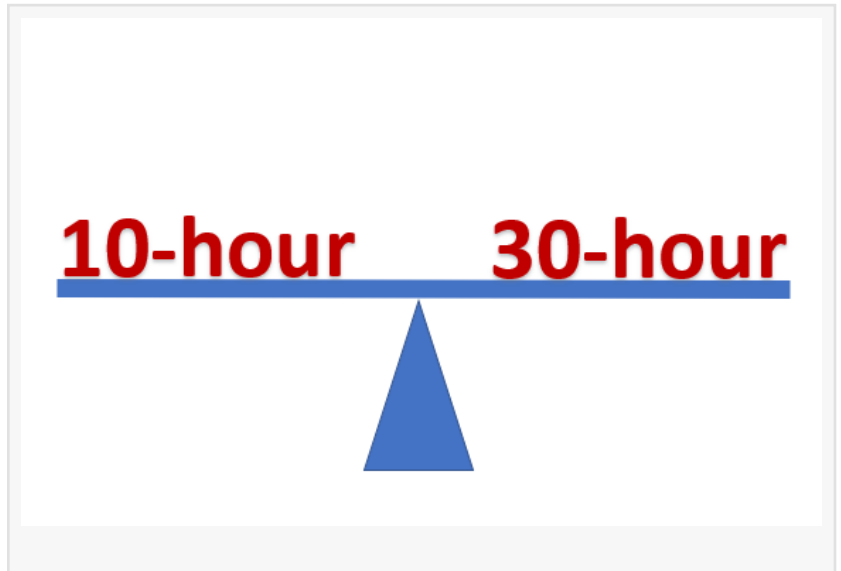


Considerations When Deciding Between an OSHA 10-hour or OSHA 30-hour Training Course

Are both training courses necessary?

ARLINGTON, TX, USA, October 4, 2022 /EINPresswire.com/ -- According to Curtis Chambers, an OSHA-authorized 10 and 30-hour trainer, many employers and employees are confused when trying to decide if they need an OSHA 10-hour training course, or a 30-hour training course, or even both. So, his company, [OSHA Training Services Inc.](#), just posted an update to their OSHA Training Blog with the information needed to make an informed decision.



“According to federal OSHA, taking an OSHA 10 or 30-hour training course is completely voluntary”, says Mr. Chambers. “However, it is certainly the prerogative of an employer, general

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*Curtis Chambers - OSHA
Authorized Trainer*

contractor, or government agency to impose a requirement for a worker or supervisor to possess an OSHA 10-hour or 30-hour training course completion card as a condition of employment, or to access a worksite. In fact, there are at least nine states, plus several municipalities, that have passed laws requiring you to possess a 10 or 30-hour OSHA training card to access certain work sites.”

Mr. Chambers continues; “Two more questions that come up a lot are whether or not it a requirement to take OSHA 10-hour training before you can take OSHA 30-hour

training, and, whether or not a person who completed an OSHA 10-hour training course is able to take just 20 more hours of training later to get their OSHA 30-hour card. OSHA has very clear

policies that address these two questions, which are explained in our blog post.”

Readers can access [The OSHA Training Blog](#) to get answers to these common questions about OSHA policies and requirements for OSHA 10 or 30-hour training courses.

OSHA Training Services Inc. conducts on site OSHA 10 and 30-hour training classes anywhere in the United States for groups of eight or more students. They also offer on-demand computer-based OSHA training courses on a variety of the major general industry and construction topics, including [online OSHA 10 and 30-hour courses](#), confined space training courses, fall protection training courses, and more.

Curtis Chambers
oshatraining.com
[email us here](#)

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