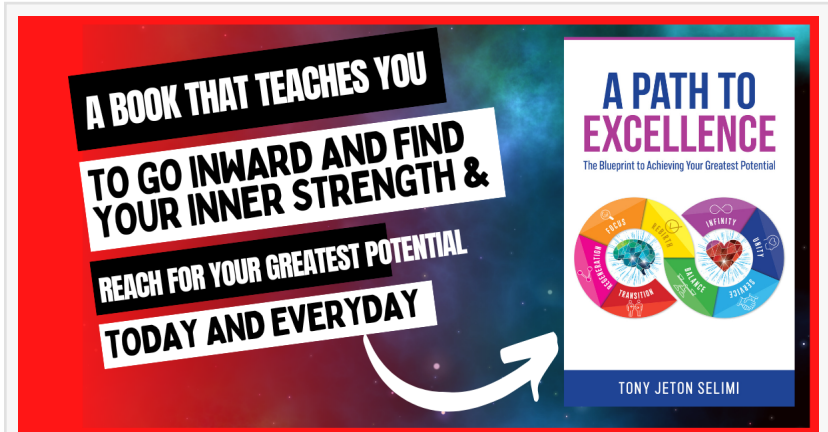


TJS Cognition Announces the Release of the Kindle Version A Path to Excellence by the Award-Winning Coach Tony J. Selimi

The book contains proven strategies and techniques to help you break through the obstacles that may be holding you back from reaching your full potential.

LONDON, GREATER LONDON, UNITED KINGDOM, September 26, 2022 /EINPresswire.com/ -- The just released [kindle version of A Path to Excellence](#) book offers readers a roadmap to be your hero, teaches you to be the best version of yourself, and how to live in a state of certainty and achieve your more significant levels of confidence, growth, and potential.



A Path to Excellence Book by Tony Jeton Selimi

From the multi-award-winning author of “A Path to Wisdom,” “#Loneliness,” and “The Unfakeable Code®” comes another self-mastery book designed to help readers break through the obstacles that may be holding them back from reaching their full potential and climb to greater heights.

“

A life manual that assists you in understanding how the Law of Attraction works gives you valuable insights into the science of personal and professional excellence.”

Marie Diamond, Global Transformational Teacher, a star from The Secret

Award-winning life strategist and business coach [Tony J. Selimi](#) has observed that far too many people give in to their disempowering beliefs and settle for mediocrity from the fear of failure, judgment, and other people's expectations of them. It is for this reason that he released the print and the kindle version of “[A Path to Excellence](#)” (published by Balboa Press, the Division of Hay House).

This book aims to empower readers to go beyond perceived limits and face their doubts and excuses in all aspects of life — be it in their relationships, family, school, career, business, ministry, community, etc. Here, the author discusses the principles of The Octagon Of

Excellence™ and shows them how to address every challenge mindfully, sharpen their focus, improve their mental readiness, control distractions, and give constructive feedback through collaboration, re-evaluation, and self-reflection as they go through the eight inevitable cycles of life. Included are anecdotes of clients from all professional backgrounds and businesses who have used Selimi's eight transformational principles and achieved phenomenal results, growth and transformation that otherwise would seem impossible. Those feeling anxious, frustrated and dissatisfied with their lives and want more from life and themselves will find "A Path to Excellence" an excellent daily companion. A surprising and powerful self-help book to help you get unstuck from your old ways so you can realize your greatest ambitions in life.

"The pursuit of excellence will always, always, always be the better option when compared to settling for mediocrity," Selimi states. "I want to give them (readers) an easy step-by-step guide that teaches them to go inward and find their inner strength. A road map to winning the inevitable and ever-evolving life challenges and the battles they'll encounter on their journey to grow into their fullest potential."



Reading A Path to Excellence Book by Tony J. Selimi

About Tony Jeton Selimi

Tony J. Selimi, The See-Through Coach, is an international keynote and TEDx Speaker, an award-winning author and filmmaker, and one of the world's leading specialists in human behaviour, emotional and spiritual intelligence. He is an unshakeable optimist and an authority on the psychology of business success and maximising human potential.

Tony's integrated and holistic approach to coaching and mentoring is embraced by Fortune 500 CEOs such as Microsoft, Deutsche Bank, SAP, Ernest and Young, Santander, and Mishcon de Reya, as well as successful Entrepreneurs, Scientists, Coaches, Speakers, Authors, Doctors, government leaders, MPs, Lords, Royalty, Sports personalities, and film and music celebrities from around the world.

Described as "a visionary thinker with a rare ability to see through people's disempowered states, beliefs, and behaviours to awaken their innate genius, wisdom and love," he teaches leaders and organizations how to engage, empower and inspire their human capital, resulting in increased performance, productivity and profits, improving people's vitality and overall personal well-being.

Business owners from all market sectors, leaders and individuals from all professions seek his help to find solutions to their challenges, helping them achieve a healthy work-life balance, fulfilment, and success.

Using his globally trademark TJ5 Method: ALARM™© that he shares in his #1 Amazon Best-Selling Books, A Path to Wisdom and #Loneliness, Tony takes peoples life hurdles and turns them into life breakthroughs, possibilities for growth, and builds healthy behaviours and habits required for people to maximise their potential and live like a legend.

He has appeared on over 200 TV and Radio stations across the world, including the award-winning Living My Illusion documentary series and interviews by Jack Canfield and the legendary Brian Tracy for ABC, NBC, CBS, FOX and their affiliates reaching millions of viewers worldwide.

Tony's vision, mission, and purpose in life are to positively impact the lives of one billion people and drive definite purpose and heart led transformations in Education, Healthcare, Government, and in Business.

He travels the world teaching, consulting, speaking and inspiring men and women from all nationalities to become purposeful and disciplined masters of themselves, and dedicated leaders and teachers who in turn help others expand and elevate the frontiers of human awareness.

He is known for leaving you feeling balanced, inspired, fulfilled and joyful. For further information: <http://tonyselimi.com>

LIVING MY ILLUSION

Starring bestselling author & world renowned life coach Tony Jeton Selimi

WINNER

As Seen On

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"A Path to Excellence"

By Tony Jeton Selimi

Hardcover | 5.5 x 8.5in | 204 pages | ISBN 9798765229538

Softcover | 5.5 x 8.5in | 204 pages | ISBN 9798765229552

E-Book | 204 pages | ISBN 9798765229545

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