

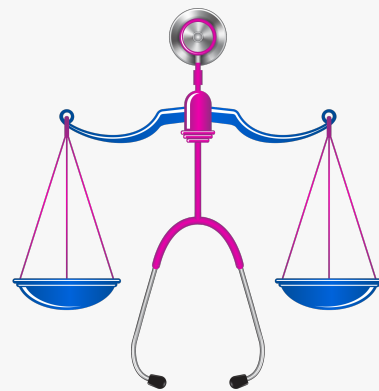
# Neuro-Naturopathic Platform is Latest Mental Wellness App to Launch During Health Education Week

*LibertyWellness.Life Offers Subscription Based Prerecorded Content Created by a Naturopathic Doctor and Cognitive Wellness Coach*

FORNEY, TEXAS, USA, October 21, 2022 /EINPresswire.com/ -- With 90% of America saying the country is in a mental health crisis, the launch of a [mental wellness](#) platform may be just what the doctor ordered.

[LibertyWellness.Life](#) is the latest debut announced during National Health Ed week,

Founded by Dr. Patricia W. McCartney, a Board-Certified Naturopathic Doctor and Cognitive Behavior/Wellness Coach, the site offers subscription based mental wellness content.



# LIBERTY

Liberty Wellness Neuro-Naturopathic Platform

For \$199 per year, or \$19 per month, members can access pre-recorded micro videos, and downloadable resources to assist them in their wellness journey.

According to McCartney, "LibertyWellness.Life differs from other similar platforms due to its neuro-naturopathic approach. Neuroplasticity refers to the brain's ability to grow, stretch and adapt." The process has been tremendously successful in assisting conditions from chronic stress and [Long COVID](#) to PTSD and even amputee phantom pains." Having lost her left hand following a burn injury, McCartney understands the challenges in addressing such sensations.

Naturopathic medicine, which focuses on detoxification and natural therapies offers members additional drug-free options to support and strengthen their mental and physical health.

"We are excited to offer a platform and create content that brings a much-needed holistic approach to the important topic. mental wellness"



Go to <https://www.LibertyWellness.Life> to learn more.  
Press Contact: Dr. Patricia McCartney at (469)596-3356

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*Dr. Patrixia W. McCartney*

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