

Three Texas Chefs Invited to Gather with Humanities Scholars for First-Ever "Encuentro" on Texas Mexican Food

Organizers made public three of the 10 invited Texas chefs who will cook and connect with humanities scholars to explore the flavors of Texas Mexican Food.

HOUSTON, TEXAS, USA, November 9, 2022 /EINPresswire.com/ -- Organizers announced three of the ten chefs who will be invited from across Texas to gather in Houston in May, 2023, for a first-time-ever meeting of chefs with scholars. The focus will be to cook Comida Casera, the home-style cooking of native Texas Mexican American families.

The logo for "Encuentro" features the word "Encuentro" in a large, bold, red, distressed font. Below it, the subtitle "The Native American Roots of Texas Mexican Food" is written in a smaller, red, cursive font.

Encuentro
The Native American Roots of Texas Mexican Food

The first-time-ever meeting of chefs and scholars will take place in Houston

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By cooking and tasting their various dishes, both scholars and chefs will explore the oral histories and flavor profile of Texas Mexican Food.”

Adán Medrano

Adán Medrano, project director, confirmed that a total of ten Texas chefs will be invited. By cooking and tasting their various dishes, both scholars and chefs will explore the oral histories and flavor profile of Texas Mexican Food, says Medrano

One of the three announced chefs is [Sylvia Casares](#), Houston, chef/owner of two Sylvia's Enchilada Kitchen restaurants. Chef Casares was honored by USA Today,

when her restaurants were acclaimed "Top 10 great Mexican restaurants across the USA."

Also invited is [Vianney Rodriguez](#), Port Aransas, chef and food writer who has authored two cookbooks, develops recipes, and writes about south Texas cuisine. Chef Rodriguez was recently named "Southern Living Cook Of The Year" by Southern Living Magazine.

The third announced chef is [Victoria Elizondo](#), Houston, Chef/Owner of Cochinita & Co. Chef Elizondo received new acclaim when her restaurant was selected and ranked by the Houston Chronicle food critics as one of "The Top 25 Best Restaurants of 2022."

Over two days, the invited chefs will cook specialty Texas Mexican dishes and interact with humanities scholars in the fields of anthropology, archaeology, history, and Mexican American studies. The "Encuentro" will conclude with an interactive media session to which the public will be invited to attend.

The City of Houston, Mayor's Office of Special Events, is co-sponsoring the cooking extravaganza which has

received a major grant from Humanities Texas, the state affiliate of The National Endowment for the Humanities. "Encuentro" is organized by The Texas Indigenous Food Project, a not-for-profit 501(c)3 Texas corporation.

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Chef Vianney Rodriguez (Sweet Life Bake, Aransas Pass, TX), Chef Sylvia Casares (Sylvia's Enchilada Kitchen, Houston, TX) and Chef Victoria Elizondo (Cochinita & Co., Houston, TX)

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