

TheraBox Now Offering Four Self-Care Plans

TheraBox, the unique way to inspire happier lives with joy-boosting activities and thoughtful wellness products, has expanded its subscription plans.

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/EINPresswire.com/ -- [TheraBox](#), the unique and popular monthly self-care subscription concept, is now offering four self-care plans.

"We are very excited about this," said the innovative Ting Jiang, CEO, and founder of TheraBox. "We invite you to choose your self-care plan and live your best life and never go without self-care."



TheraBox offers a [Month-to-Month](#) plan; Three-Month Prepay Plan; Six-Month Prepay Plan, and a 12-Month Prepay Plan. All four plans include:

- New self-care themes monthly.
- 7 to 8 full-sized products.
- Up to \$195+value in every box.
- Ships worldwide.
- Renews monthly.
- Hassle-free cancellations and skips.

Individuals can log into their accounts and cancel or skip a shipment at any time.

The TheraBox mission is solid and focused: to inspire happier lives through practical joy-boosting activities and thoughtful products to achieve a purposeful and inspirational life. Each TheraBox contains a happiness-boosting activity (inspired by research in mindfulness, psychology, and neuroscience to rewire the brain for more joy and positivity) and eight natural, organic, and feel-good wellness products like aromatherapy, clean beauty, and skincare.

Originally, TheraBox was created as the ultimate self-care box, to keep those happy neurons firing and make self-care a little easier and more accessible for today's busy people. TheraBox aims to inspire happier lives through practical joy-boosting activities and thoughtful self-care products. The company believes self-care equals self-love.

For more information, please visit mytherabox.com/about-us and <https://mytherabox.com/blogs/therabox-blog>

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About TheraBox

TheraBox is a monthly self-care subscription focused on inspiring happier lives. Each box incorporates 1 happiness boosting activity inspired by research in mindfulness, psychology, and neuroscience to rewire the brain for more joy and positivity. Additionally, we select 7-8 wellness products sourced from vendors that produce natural, organic, and feel-good products ranging from aromatherapy, clean beauty/skincare, and unique lifestyle goodies. Themes and items change each month---always a delightful surprise!

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