

India's Top 50 Happiest Photos of 2022 Selected by a Distinguished Jury

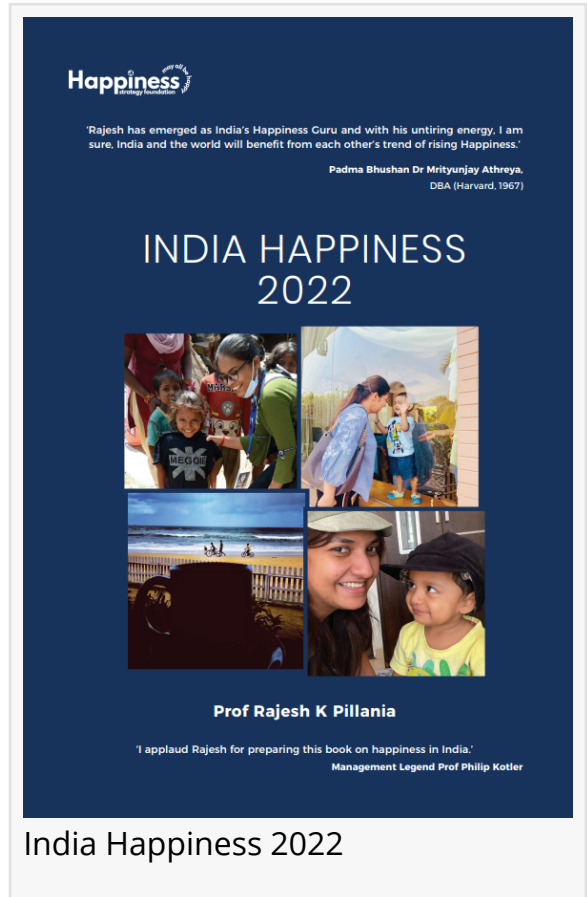
Happiness Strategy Foundation releases the first annual India Happiness 2022 with the top 50 happiest photos, insights from experts, and happiness exercises.

GURUGRAM, HARYANA, INDIA, November 29, 2022
/EINPresswire.com/ -- [Happiness Strategy Foundation](https://www.happinessstrategyfoundation.org/) releases India Happiness 2022. India Happiness 2022 has 50 winning photos from the first annual India Happiness Photo Contest 2022, great insights from 34 happiness experts, industry leaders and media experts, and 10 ideas and exercises for experiencing happiness.

"I am happy to hear about the first India Happiness Coffee Table Book. A society's greatness is signalled by how happy, healthy and educated its people are. As a member of the World Happiness Foundation, I applaud you for preparing this book on happiness in India,"
Management Legend Prof Philip Kotler.

The first India Happiness Photo Contest 2022 received participation from around India and showed moments of people from different walks of life. Among the winning photos, we see the maximum number of photos of human relationships, followed by nature, solitude, sports and pets. This trend is similar to the overall photos received for submission. The winning fifty photographs are shared in the book with the hope that some photos might bring some smiles and happiness to people's lives.

The 50 photographs are selected by an esteemed jury namely, Padma Bhushan Dr Ajai Chowdhry, foundering member, HCL; Ms Mandy Seligman, photographer and positive psychology expert, founder of SeeingHappy.org; Padma Shri Geeta Dharmarajan, founder and president of Katha, 1988; Padma Shri Ms Mamang Dai, Sahitya Akademi Award and Verrier Elwin Prize winner poet and novelist; Mr Dilip Cherian, often tagged "India's Image Guru", co-founder of Perfect Relations; Mr Aditya Arya, founding director, Museo Camera; Mr Ashraf Wani, Bureau Chief, India Today Group, Jammu & Kashmir.



India Happiness 2022 has 10 ideas and practical exercises for experiencing happiness in daily life by Professor [Rajesh K Pillania](#) widely recognised as India's Happiness Professor / India's Happiness Guru. This is his 10th book and report on happiness in more than a decade and these books and reports are the first of their kind in India. Most of these works are endorsed by global experts and industry stalwarts. He is passionately trying to take happiness research to the masses and industry in India.

The book is already getting positive reception and has got accolades from many global happiness experts and industry stalwarts.

"Stunning and moving! Bringing the joy and thoughtfulness we've come to love from Rajesh Pillania, India Happiness 2022 captures a society's beautiful moments," Dr Marshall Goldsmith, the Thinkers50 #1 Executive Coach.

"India Happiness 2022 is an outstanding contribution to the literature in the happiness field in Asia, building on the previous publications of the author over the last few years," Professor Sir Cary Cooper, CBE 50th Anniversary Professor of Organizational Psychology & Health, University of Manchester.

"This lovely book helps us see, experience, and appreciate the beauty that is all around us. This is an important path to a happier life," Tal Ben-Shahar, PhD, Best-selling author and a leading global expert on happiness.

"India Happiness 2022 is an outstanding piece of work by a global rising star of happiness Dr Pillania. I wish him to be the signature of happiness in the world," Dr Saamdu Chetri, Founder

"Stunning and moving! Bringing the joy and thoughtfulness we've come to love from Rajesh."

Dr. Marshall Goldsmith, the Thinkers50 #1 Executive Coach

"India Happiness 2022 is an outstanding contribution to the literature in the happiness field in Asia."

Professor Sir Cary Cooper, CBE

"Read India Happiness 2022 by Rajesh Pillania, India's Happiness Professor and be happy!"

Professor Jaideep Prabhu, University of Cambridge, UK.

"This lovely book helps us see, experience, and appreciate the beauty that is all around us."

Tal Ben-Shahar, PhD, a global expert on happiness, author and entrepreneur.

"Dr Pillania is a global rising star of happiness. I wish him to be the signature of happiness in the world."

Dr Saamdu Chetri, Founder Director, GNH, Bhutan.

"The beautiful photos of India Happiness 2022 make it a very rich exhibition of the Indian joyful soul."

Francesc Miralles, Co-author of IKIGAI.

The India Happiness Book 2022 is unique in many ways. First, it consists of winning photos from the first India Happiness Photo Contest 2022. Second, it is perhaps the first such Indian attempt in capturing happiness through photos. Third, though it consists of photos from all over India, it is deliberately kept brief and simple.



Dr Rajesh K Pillania is the leading researcher on happiness in India, popularly called India's Happiness Professor. He has written ten books/edited books/report publications on Happiness and its various aspects such as Happiness Strategy book (2019); Happiness Diary: My Experiments with Happiness (2020); India Happiness Report 2020, India Cities Happiness Report 2020, World Happiness 2021 and India Happiness 2022. These works are the first of their kind in India. His research work is endorsed by leading global experts on happiness and industry stalwarts. He has taught thousands of students and executives about happiness strategy.

He is recognised for his extensive research, jointly ranked number one in average research productivity among management faculty (including IIMs/ITs) in India. He is a prolific writer, a popular teacher, and a highly sought-after trainer on happiness, strategy and innovation. His research and academic experience include Smith School of Business, University of Maryland, College Park, USA; Harvard University, among others. For more see www.pillania.org. He can be reached at rajesh@pillania.org

India Happiness 2022



India's Happiness Professor Rajesh K Pillania

Director, Gross National Happiness (GNH), Bhutan.

"Rajesh Pillania, India's Happiness Professor, has made seminal contributions to the study of happiness in India. Read India Happiness 2022 and be happy!", Dr Jaideep Prabhu, Jawaharlal Nehru Professor of Business and Enterprise, Judge Business School, University of Cambridge, England.

"India Happiness 2022 by Rajesh, India's Happiness Professor, encompasses a delicate subject in a variety and multidimensional way," Mr Luciano Manzo, President and CEO Make-A-Wish International.

"India's 'Happiness Professor' Rajesh Pillania beautifully reminds us of the joy in everyday moments and small things. It will bring a happy smile to your face!", Mr Ravi Venkatesan, Chairman of The Global Energy Alliance for People and Planet (GEAPP).

The book insists to make happiness a part of our daily life. Download a free copy of the India Happiness 2022 available here:

<https://www.happinessstrategyfoundation.org/indiahappinessphoto2022result>

Happiness Strategy Foundation, a not-for-profit, think tank on happiness and well-being has also announced the plans for India Happiness Photo Contest 2023 here:

<https://www.happinessstrategyfoundation.org/contest-2>

END

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