

5 Secrets to De-Stress and Achieve Healthier, Youthful Skin While Sleeping

"Skin Whisperer" Amber Rose Johnson, Owner of LA Times' "Best Day Spa 2022," Shares Pro Secrets to a Stress-Proof Complexion, All-Naturally

CORONA DEL MAR, CALIFORNIA, UNITED STATES, December 6, 2022 /EINPresswire.com/ -- With her [Facial Lounge](#) just listed as [Orange County's "Best Day Spa"](#) on the LA Times' "Best of the Southland 2022," local "Skin Whisperer" Amber Rose Johnson shares pro tips to combat the visible effects of holiday stress on the skin. A beloved A-list hotspot focused on holistic skin remedies, Facial Lounge is the birthplace of the Custom Signature Vegan Facial that has helped hundreds of thousands of clients. Last month, the aesthetic boutique celebrated 22 years of success empowering better skin, naturally.



"The end of the year is a hectic time for most, heightening stress and wreaking havoc on the skin," says Johnson. "Toxic chemical-based solutions can make problems worse in the long run, which is why I've specifically designed our vegan, non-toxic, pregnancy-safe formulas [for men and women of all skin types] to tackle every issue, toxin-free."

Stress causes chemical changes within the body that increase oil production and breakouts while making existing issues - like eczema, rosacea, or psoriasis - even worse. Skin proteins begin to break down, reducing the natural elasticity that helps to prevent wrinkles. The good news: stress effects on the skin can be reduced by natural means... while you sleep! Skin is most absorbent at night, so Johnson created her own proprietary nighttime vegan formulations with a variety of clean beauty, stress-busting ingredients like:

L-Lysine, an essential amino acid that helps to fight infection, build immunity, and support collagen production. Try Facial Lounge's L-Lysine formulation at bedtime, made without heavy metals, lead, and other harmful chemicals.

Chamomile, with powerful antioxidant, anti-inflammatory, and anti-bacterial acne-fighting properties. Try Facial Lounge's brand new [Calming Chamomile Night Oil](#) that layers perfectly over any nighttime cream.

Sea Buckthorn Oil and Crystalized Olives to promote hydration and help combat wrinkles. Try Facial Lounge's Whipped Cream Sleeping Mask, a multi-tasking night cream mask that fights dehydration and is great for those who travel, helping to repair skin while you sleep.

Australian Tea Tree Oil, which can help fight inflammation and acne-causing bacteria while reducing oil production. Try Facial Lounge's Calming Hydragel to help improve skin texture, tone, and elasticity.

Antioxidants, offering anti-aging, skin-protective benefits. Try Facial Lounge's Barrier Repair Antioxidant Booster, with six powerful superfruits to fight wrinkle-causing free radicals, boost radiance, soften, smooth, and hydrate.

Discover an all-natural, made-for-you VIP skincare experience at two Facial Lounge locations in Corona del Mar and Costa Mesa. Upgrade your skin routine and enjoy more value with a Facial Lounge membership. Book treatments, shop beauty bestsellers by skin type at

FacialLounge.com. Follow @FacialLounge on Instagram for product releases, skincare tips, beauty motivation, real-life client testimonials, and more.

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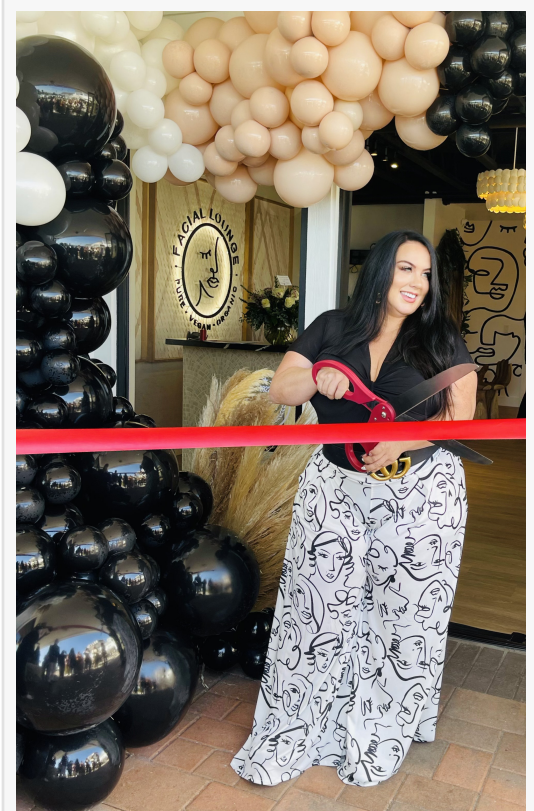
Toxic chemical-based solutions can make problems worse in the long run, which is why I've specifically designed our vegan, non-toxic, pregnancy-safe formulas to tackle every issue, toxin-free.”

“Skin Whisperer” Amber Rose Johnson

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About the Facial Lounge:

Rated #1 on Yelp and voted “Best Day Spa in Southern California” by the LA Times, the Facial Lounge bungalow is inspired by the spirit of its founder, expert esthetician/mompreneur Amber Rose Johnson. Located in Corona del Mar and Costa Mesa, relax in an atmosphere perfect for recharging “so you can face the world



"Skin Whisperer", Facial Lounge Founder Amber Rose Johnson Celebrates Grand Opening of Facial Lounges 2nd Location in Costa Mesa, CA

beautifully.” Specializing in the custom vegan facial that delivers a true one-of-a-kind treatment, Facial Lounge has empowered clients to discover their best skin for over 20 years. With a holistic approach that combines Johnson’s 25-plus years of industry knowledge and the latest innovations in organic, vegan skincare, the team proudly offers each client the VIP experience of uncovering their best complexion yet. Learn more, become a member, or book treatments online - including the Custom Vegan Facial (\$185, 50 min) and the magical non-surgical facelift treatment known as the Forma Facial - plus shop bestselling vegan, non-toxic, pregnancy-safe skincare for men and women by skin type at [FacialLounge.com](https://www.FacialLounge.com). Follow @FacialLounge on Instagram for product releases, skincare tips, beauty motivation, and real-life client testimonials.

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