

# Coco Austin's Sister Creates OnlyFans Yoga Page

*Kristy Austin Inspires while Turning Heads*

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EINPresswire.com/ -- Kristy Austin, 42, is an entrepreneur, certified yoga instructor sound healer, mother of four and younger sister to Coco Austin creates an OnlyFans yoga page that encourages people from all walks of life to embrace their spirituality and sensuality without judgement.



Kristy Austin demonstrating Infinity Yoga Pose.  
photo by @MelodicYogi

After contemplating for months before joining the popular platform, Kristy has already discovered early success by being named in the top 3% of all creators. The now newly grandmother felt that it was time to embrace all her beauty and imperfections and teach others how to do the same. “For many years I struggled

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*Kristy Austin*

with self-doubt and worried about how others perceived me, and it wasn't until I began my yoga journey that I learned how to appreciate and truly love myself. I'm just extremely grateful that OnlyFans created a platform that promotes freedom of expression and creativity,” Kristy explains.

With regard to content creation, Kristy has decided to take a different approach by partnering with [@MelodicYogi Art Gallery](#), to assist with transforming her vision of high quality and meaningful content into reality. Artist Melodic

Yogi details the vision: “Our goal is to create inspirational art with a touch of sex appeal ranging anywhere from yoga poses and flows to creative nudity. Working with Kristy and coming up with fresh ideas has been a lot of fun because she is beyond flexible...literally,” Melodic says.

Kristy still teaches in person yoga classes and eventually plans on opening a healing retreat center that focuses on mental spiritual and physical health.

Follow Kristy's journey on Instagram  
[@lamKristyAustin](https://www.instagram.com/lamKristyAustin).

About Kristy Austin: Kristy Austin, 42, is an entrepreneur, certified yoga instructor sound healer, mother of four and younger sister to Coco Austin. She has made TV guest appearances on Ice Loves Coco, Family Feud, and most recently Celebrity Game Face with Kevin Hart.

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Extended Lizard Pose stretches and opens the hips increasing mobility and flexibility. photo by @MelodicYogi



Wheel Pose stimulates the breath, opens the chest and shoulders, and improves spinal flexibility. photo by @MelodicYogi

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