

VIRTUAL 5K RUN/WALK TO HONOR SHELLY LANGAIGNE

Celebrate the life of Shelly Langaigne and support the next generation of female leaders in Ghana

TUCSON, ARIZONA, US, December 19, 2022 /EINPresswire.com/ -- On December 29, 2022, friends and family of Shelly Langaigne will come together to celebrate what would have been her 50th birthday with a [virtual 5K run/walk](#). Shelly, who passed away in a tragic accident on November 28, 2022 in the Bronx, NY, was a devoted mother, grandmother, and fitness mentor.

In honor of Shelly's legacy, all proceeds from the virtual 5K will go to Founders Initiative, a Christian-founded, non-profit organization dedicated to empowering [women and girls in Ghana](#). Founders Initiative aims to open the [Shelly Langaigne Founders School for Girls](#), providing leadership, education, and innovation for the next generation of female leaders.

The virtual 5K will take place on December 29, 2022, and participants can complete the run/walk at their own pace and in their own location. To sign up and learn more about the event, please visit <https://runsignup.com/Race/NY/Bronx/ShellyL5K>



Honoring the Legacy of Shelly L: An extraordinary teacher, fitness guru, friend, mother, and grandmother



Founders Initiative

Shelly's friends and family invite the community to come together and celebrate her life while supporting a cause close to her heart. Let's honor Shelly's memory and make a positive impact on the lives of women and girls in Ghana.

Founders Initiative is a Christian founded, women-owned, non-profit organization providing leadership, vision, and innovation with services to develop, educate, and empower all women and girls of Ghana based in Arizona. For more information, please visit <https://thefi.org>.

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