

# Local Health Pros Open Psychedelic Wellness Center in Arcadia

*Nurse Practitioner and Drug Rehab  
Founder Team Up to Offer Ketamine  
Assisted Psychotherapy and Other  
Psychedelic Treatment Options*

PHOENIX, AZ, USA, January 24, 2023  
/EINPresswire.com/ -- Daytryp Health,  
an assisted psychedelic wellness center  
backed by medical professionals, is set  
to open its first location in the Arcadia  
neighborhood of Phoenix on Feb. 18.  
Ketamine Assisted Psychotherapy  
(KAP) is a research-backed therapeutic  
method of treatment used to address  
mental health conditions including  
depression, post-traumatic stress,  
chronic pain, addiction and anxiety.

Daytryp provides medically supervised  
ketamine therapy programs combined  
with psychotherapy in a tranquil,  
elegant atmosphere. KAP induces  
neuroplasticity, which is the brain's  
ability to change, rewire, relearn and  
strengthen important connections. It is  
proven that ketamine stimulates the  
regrowth of synapses, the connections  
between neurons, to effectively rewire  
the brain to think of the person's  
mental health differently, which over time improves their mental health. Ketamine is an FDA-  
approved anesthetic and is currently the only legal psychedelic medicine available for licensed  
healthcare providers for the treatment of emotional suffering.

Daytryp was founded by Ajona Olsen and Chris Cohn. Olsen began her career in healthcare in



2001 as a registered nurse, and in 2006 became a nurse practitioner where she continued working in corporate medicine. Her career path changed when she found KAP in 2021 and decided to open her own private practice. Cohn spent 15 years as the CEO of Scottsdale Recovery Center, a renowned drug rehabilitation and treatment center.



"After exiting the inpatient drug and alcohol rehab space, I cosmically stumbled upon the world of psychedelic medicines for my own mental and spiritual healing," said Cohn. "I knew in my heart this was the direction I wanted to go, particularly after all the clinical trials proved these psychedelic medicines to be so effective in healing many mental health ailments including substance abuse addiction, which I'm still very passionate about."

"After earning bachelor's and master's degrees and working in traditional medicine, I saw a need for change in healthcare. I began researching and saw the healing power of therapy with psychedelics. My mission is to serve those on a journey toward healing and, in turn, I have found happiness in the healing for myself and my loved ones." Says Ajona Olsen, MSN, APRN, ANP-C.

Ketamine assisted psychotherapy administers low doses of ketamine where patients are likely to experience mild anesthetic, anxiolytic, antidepressant, and psychoactive effects. The ketamine experience is different and unique for each patient as they undergo therapy in a comfortable, tranquil room that creates the perfect setting for psychedelic exploration. Ketamine is safe for use when taken correctly and in medical settings.

#### About Daytryp Health

Daytryp is a Psychedelic Assisted Treatment organization started by leading mental health and healthcare professionals. Nurse practitioner Ajona Olsen and Chris Cohn, MAC, witnessed the power of psychedelic therapy as a personalized treatment. FDA approved in 1970, Ketamine is currently an off-label treatment for various chronic treatment-resistant mental health conditions such as depression, substance use disorders, post-traumatic stress disorder, obsessive compulsive disorder, and other psychiatric diagnosis.

For more information about Daytryp Health programs and treatments, please visit [www.daytryp.com](http://www.daytryp.com)

Daytryp Health

3601 N. 44th St.

Phoenix, AZ 85018

Instagram - <https://www.instagram.com/daytryp.health/>

Facebook - <https://www.facebook.com/daytryp>

References:

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Chris Cohn

Daytryp Health

+1 602-833-7714

info@daytryp.com

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