

Now Available — Sundressed: Natural Fabrics and the Future of Clothing

SUNDRESSED is an exploration of a revolution taking place in fashion and a love letter to clothing that embodies beauty and value from farm to closet.

WASHINGTON, DC, UNITED STATES, January 24, 2023 /EINPresswire.com/ -- From fast fashion brands constantly pushing out new clothes to luxury brands engaging in greenwashing, the fashion industry has an outsized environmental impact. In a landscape glutted with garments, is it possible to be both a conscious consumer and well-dressed?

In <u>SUNDRESSED</u>: NATURAL FIBERS AND THE FUTURE OF CLOTHING (Publication Date: January 19, 2023), sustainable fashion consultant and journalist <u>Lucianne</u> <u>Tonti</u> answers the question "can fashion ever be truly sustainable?" She explores the industry's recent embrace of regenerative agriculture and reveals how beautiful clothes made from natural fibers could reverse fashion's outsized carbon footprint.



By weaving stories from her career working in ateliers in Paris and London throughout the book, Tonti showcases how beautiful clothes made from natural fabrics such as cotton, wool, flax, and cashmere can reduce waste, support rural communities, and regenerate landscapes. She takes

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The Guardian

readers on a global journey into regenerative fashion, meeting producers and designers reforming the industry.

Visiting lush mulberry groves in Nanchong, China, Tonti meets with a local company pioneering regenerative silk farming to both support farmers and heal the land. On a regenerative hemp farm in New Mexico, she learns about America's hemp renaissance, the value of hemp fiber for

textiles, and challenges to scaling up production. And on the vast rangelands of Mongolia, Tonti explores how climate change and overgrazing are impacting both cashmere production and goat

herders' livelihoods as well as how the rangelands can be rewilded.

Further down the supply chain, Tonti shows how top designers are working with Indigenous communities to spin and weave heirloom fabrics. She also highlights how global brands are making strides towards sustainability, from Patagonia training cotton farmers in their supply chain about the principles of regenerative farming to Levi's and The Ellen MacArthur Foundation developing a circular pair of jeans.

Tonti shows how the fashion industry can be reformed by embracing a love of clothes and nature. In this new



paradigm, the industry can transform its relationships with the people and landscapes it has typically used and abused by restoring soil health, protecting biodiversity, and providing better livelihoods for communities. SUNDRESSED is an exploration of a revolution taking place in fashion and a love letter to clothing that embodies beauty and value from farm to closet.

Lucianne Tonti has worked in fashion in Melbourne, Sydney, London, and Paris since 2008. In 2020 she launched the sustainable fashion site Prelude, profiled in "Vogue." Lucianne holds a Bachelor of Communication, a Juris Doctorate, and a Postgraduate Diploma in Political Science. Her writing appears in "The Guardian" and she is the fashion editor of "The Saturday Paper."

PRAISE FOR SUNDRESSED:

"Each chapter deep dives into the history, present and possible future of a different natural fiber. Together they form a tapestry of possibilities for mending a broken industry. For those working in the rag trade it is essential reading; for everyone else, the book is a well-taught lesson in the true cost (and value) of clothing." — "The Guardian"

"Refreshingly, Tonti avoids the ideological, scolding tone often used by those concerned with sustainability issues. Even more, her love of fashion and good clothes shines through, injecting the narrative with an uplifting sense of optimism and purpose.... Tonti's insightful book shines light into the darker corners of the fashion business and points to new ways forward." — "Kirkus Reviews"

"In prose as stylish as her fashion sense, Lucianne Tonti shows how a combination of love of

clothes and love of nature can 'subvert the take-make-waste model that is driving fashion's enormous environmental footprint'." — "The Sydney Morning Herald"

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