

"A Holistic Journey" Premieres at the 31st Annual Pan African Film Festival on Feb. 10 at 8:35 p.m. and Feb. 12 at 4 pm

The legacy of Alfredo "Dr. Sebi" Bowman, a healer, pathologist, and biochemist, continues as Alfredo "Asami" Bowman, Jr. and wife Sherice NKA Aja seek cures.

HOLLYWOOD, CA, UNITED STATES, February 8, 2023 /EINPresswire.com/ -- The production of the motion picture industry suffered during the global pandemic. However, creativity was hard to suppress, and films were being made around the world. The proof is evident at the 31st Annual [Pan African Film & Arts Festival](#) (PAFF) which opens on February 9, 2023. The star-studded red carpet opening night ceremony will be held at the Directors Guild of America with the premiere of Chevalier, a true story of composer Joseph Bologne, Chevalier de Saint-Georges.

The accomplished composer, musician and polymath was the son of an enslaved African woman and a French plantation owner, Bologne (Kelvin Harrison Jr. in a tour de force performance) rises to improbable heights in French society as a celebrated violinist-composer and fencer, complete with an ill-fated love affair and a falling out with Marie Antoinette (Lucy Boynton) and her court.

"We are inspired by the films submitted from all parts of the globe," said PAFF Executive Director Ayuko Babu who also co-founded PAFF in 1992. "I am proud to continue a legacy founded with my friends the late beloved Ja'Net DuBois and celebrated award-winning Danny Glover to showcase our stories and preserve the cinematic creativity of African Diaspora and Pan African Culture."

As one of the largest and most prestigious Black film festivals in the U.S., PAFF held in the heart of Los Angeles, an entertainment mecca, attracts an international audience. PAFF, 501 (c) 3



The documentary led by Dr. Sebi's son Alfredo "Asami" Bowman, Jr. and his wife Sherice NKA Aja take you on a journey of teachable moments about healing practices and remedies and the holistic lifestyles of people around the world who live long healthy lives.

organization, runs through February 20, 2023 at the Cinemark Baldwin Hills and XD located at 4020 Marlon Ave, Los Angeles, CA 90008. "Every year PAFF continues to showcase new high-quality Black films from the U.S., Africa, the Caribbean, South America, Europe, the South Pacific, Canada, and increasingly, Asia," said Babu. "PAFF is an Oscar-qualifying festival for animation and live-action films." Tickets to attend PAFF are available at PAFF.org.

Among the more than 150 films from 40 countries accepted is "[A Holistic Journey](#)," that premieres on Friday, February 10 at 8:35 p.m. and on Sunday, February 12 at 4 pm. The 60-minute film carries on the legacy of Alfredo Darrington Bowman known as [Dr. Sebi](#), a Honduran self-proclaimed herbalist healer, practiced in the United States in the late 20th and early 21st centuries. Dr. Sebi set up a treatment center in Honduras



where clients including Michael Jackson, Lisa 'Left Eye' Lopes, and John Travolta were treated. Dr. Sebi died at 83 in 2016 but his supplements, products and treatments are still popular and widely used.

“

A Holistic Journey, led by Dr. Sebi's son Asami and wife Aja, takes you on an adventure of healing practices and remedies and the holistic lifestyles of people around the globe living healthy lives.”

Bobby Broome, the director and producer.

world who live long healthy lives.”

The film, driven by Asami's and Aja's curiosity about other alchemists, herbalists, and people who benefit from the study, knowledge and availability of what planet earth naturally provides us to survive and flourish.

"Carrying on the legacy of Dr. Sebi means we have the possibility of improving the quality of life for those people who practice natural living by choice or necessity by sharing the knowledge that

he acquired and shared during his lifetime," said Broome. "So many people around the world don't have access to expensive medical care either because of poverty or geographic location. On the other hand, people with the ability and access to expensive medical care now have the option to live and heal naturally."

The knowledge of natural living and healing shared by Dr. Sebi and other holistic healers around the world is necessary now more than ever because of current viral conditions of the planet.

"Our holistic journey is beyond my wildest dreams. I get to learn and work with Asami (Dr. Sebi's eldest son)," said Aja. "Asami has a lifetime of learning and experience under his belt. Combined with travel and discovering plants from all over the world, Dr. Sebi curing the incurable is a legacy I am proud to continue."

Asami and Aja experiment with many of the holistic practices, foods, plants and herbal compounds that may be different and unusual but are effective.

"Continuing his legacy is to live the healthy lifestyle that he promoted and to search for new ways to heal existing and whatever new disease may confront our bodies is a blessing," said Asami. "This holistic journey represents the path that my life has been moving on for the 40 + years I have studied the use of medicinal plants. Together, Aja and I share discoveries about how other people go through the process of maintaining health using old and new methods of holistic treatments."

For interviews with Hosts Asami or Aja or Director Bobby Broome, send an inquiry to info@platinumstarpr.com.



Dr. Sebi's influence is evident in the Usha Village in Jutiapa, Honduras that was established in 1989. People have been going there to be healed and detox naturally in the geothermal river.



Asami and Sherice NKA Aja enjoy the native food and Guifity at Charmorros Restaurant in Garifuna community Corozal, Honduras. Charmorros is known for the variety of Guifity, a traditional beverage in Garifuna (Afro-Caribbean) communities throughout Central America.

#drsebi #herbalist #healer
#AHolisticJourney #holistic
#BobbyBroome #platinumstarpr
#PAFFNOW #PanAfricanFilmFestival
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In 1992, The Pan African Film & Arts Festival in Los Angeles was established to become the international beacon for the Diaspora arts community to showcase “our stories” and preserve the cinematic creativity of Pan-African Culture.

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