

# New Life Skills App for teens and their families Released

*Life Skills App for teens now available!*

USA, February 2, 2023

/EINPresswire.com/ -- Reset Summer Camp for Digital Detox & [Life Skills](#), now in its sixth year, has launched The Life Skills [App](#) for teens and their families. [www.TheLifeSkillsApp.com](http://www.TheLifeSkillsApp.com)

"I have been struggling to find ways to reach more kids, especially off-season when they are (or should be) in school", said Michael Jacobus, Executive Director of Reset Summer Camp, "so I came up with the idea for an App."

The Life Skills App is very basic and specifically intended to NOT have kids on their devices all the time. Other than the daily message and a few video clips, there is nothing to actually do on

this App. Rather its intention is to provide daily suggestions and recommendations for teens (and their families) to help them live better lives.

We offer help on things from getting enough sleep to how to deal with sextortion, and from doing your own laundry to how to write a resume.

The Life Skills App is available for iPhone and Android.

APPLE

<https://apps.apple.com/us/app/life-skills-app/id1659090655>

GOOGLE PLAY

<https://play.google.com/store/apps/details?id=in.softment.lifeskillsapp>

Founded in 2018, Reset is the first of its kind, offering a clinical, therapeutic summer camp



[www.TheLifeSkillsApp.com](http://www.TheLifeSkillsApp.com)



I have been struggling to find ways to reach more kids, especially off-season when they are (or should be) in school, so I came up with the idea for an App."

*Michael Jacobus*

program for teens suffering from excessive screen-time overuse, social-media, and gaming addiction. Since the pandemic Reset is also driving a special focus on social engagement and general Life Skills.

See us on the TODAY Show:

<https://www.youtube.com/watch?v=DxL0bhTwAjM>

For more information or to start your application process, visit: [www.resetsummercamp.com](http://www.resetsummercamp.com)

Media Contact: Michael Jacobus, +1-775-771-3191  
mjacobus@resetsummercamp.com

SOURCE Reset Summer Camp

Michael Jacobus  
Reset Summer Camp, Inc.  
+1 7757713191  
mjacobus@resetsummercamp.com

Visit us on social media:

[Facebook](#)

[Twitter](#)

[LinkedIn](#)

[Instagram](#)

[YouTube](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/614827303>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.