

# Dr. Greenhouse, Inc. to Host Spring Workshop for Optimal Plant Performance within Indoor Grows and Greenhouses

*Workshop Focuses on Facility Design, HVAC Design and Environmental Controls*

SACRAMENTO, CALIF., UNITED STATES, March 13, 2023 /EINPresswire.com/ -- [Dr. Greenhouse](#), a leading agriculture and mechanical engineering design firm providing state-of-the-art HVAC

design and controls for high-quality crops in indoor grows, vertical farms and greenhouses, will lead a two-day intensive workshop to promote the efficient production of crops grown indoors and in greenhouses. The workshop will be held on May 4-5, 2023, and it is open to architects, engineers, contractors, facility owners and operators, and other stakeholders involved in crop production and distribution.



Growing indoor crops is a capital-intensive investment in a commodity-driven market. This workshop addresses the issues at the nexus of plants, indoor environments, and facility operations."

*Dr. Nadia Sabeh, PE, LEED AP*

Dr. Nadia Sabeh, PE, LEED AP, notes, "Growing any kind of indoor crop is a capital-intensive investment in a commodity-driven market. Successful operators must consider how the plant grows and interacts with its environment to design a facility that will be economically sustainable. This workshop addresses the issues at the nexus of plants, indoor environments, and facility operations."

The Spring Workshop provides a strong foundation in plant

physiology, HVAC design and controls for optimal plant environments. Key take-aways of the workshop include:

- Growers: Improving environmental control of indoor grow rooms or greenhouse bays.
- Owners/Operators: Choosing the best HVAC equipment for plants, facility operations, and production goals.

**Dr. GreenHouse**  
**AGRICULTURE. ANYTIME. ANYWHERE.**

Dr. Greenhouse Mechanical Design & Engineering for Indoor Plant Environments

- Architects, Engineers, and Contractors: HVAC equipment design and specification for indoor plant environments, and how it differs from commercial, institutional, or residential applications.
- Equipment Vendors and Manufacturers: Increasing sales by speaking the language of growers.
- Utility Providers and Regulators: Better understanding how water and energy are used for plants grown indoors, including food, medicine, and flowers.
- Educators and Students: Identifying the need for skillsets within Controlled Environment Agriculture and how you can ensure its future success.

#### Workshop and Registration Information

Dr. Greenhouse 2-Day HVAC Workshop

May 4-5, 2023 - 8:00 am to 5:00 pm (welcome reception on May 3)

Delta King Riverboat, 1000 Front Street, Sacramento, CA 95814

[Registration details can be viewed here.](#)

To learn more about the Spring Workshop, please contact Danna Sweidan-Scott at 916.207.8949 or [danna@doctorgreenhouse.com](mailto:danna@doctorgreenhouse.com).

#### About Dr. Greenhouse, Inc.

Dr. Greenhouse, Inc. is a Sacramento-based agricultural and mechanical engineering firm specializing in the design of HVAC systems for indoor plant environments. The firm is led by Dr. Nadia Sabeh, a recognized subject matter expert in the field of controlled environment agriculture (CEA). Dr. Greenhouse helps farmers efficiently control their environments, allowing them to produce high-quality crops within indoor grows, vertical farms and greenhouses. Dr. Greenhouse has provided expert early-stage programming and mechanical design for 150 facilities around the world.

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