

In Honor of National Doctors' Day, Shared Harvest Hosts An Event That Shines A Light on Physician Trauma

Event will include a screening of their documentary film 'I Am Not Your Hero' and a Multi-University Panel Discussion

LOS ANGELES, CALIFORNIA, UNITED STATES, March 27, 2023 /EINPresswire.com/ -- [Shared Harvest Foundation](#) shines a light on physician suicide rates, burnout, and the state of the healthcare workforce for physicians of color on National Doctors' Day on March 30th with virtual programming and multiple viewing stages from 9am -9pm PST in partnership with universities across the United States.

Shared Harvest is hosting a live screening of their documentary film '[I Am Not Your Hero](#)' and panel discussion on 'White Coat Trauma' at

UCLA's James Bridges Theater with coordinated discussions also taking place at Morehouse School of Medicine and with NEMA (New England Medical Association) with live viewing rooms at University of California Riverside, University of California Irvine, USC and other institutions. 'I Am Not Your Hero' directed by Kelli Kali, explores the unique mental health challenges and experiences of BIPOC doctors. It reveals the toll that caring for others has on African American doctors, mothers and wives – and particularly in the wake of the COVID-19 pandemic – and their desire to be seen for who they are: talented doctors and ordinary people.

'I Am Not Your Hero' also explores the twin perils of health inequities and systemic racism that plague America's medical system and are faced by the next generation of doctors and nurses seeking to serve their communities. The U.S. Healthcare System is in a workforce crisis and the COVID-19 pandemic has just exacerbated this crisis. Frontline workers are mentally, emotionally,



and financially exhausted. It is estimated that 34% of healthcare providers will experience burnout and will leave the industry in the next four years. Shared Harvest's newest initiative, Project #RESUS (short for resuscitation) seeks to RESUScite the BIPOC medical provider pipeline. The program is intentionally designed to tackle the financial and emotional inequities that these clinicians face and advance health equity by producing and retaining an emotional well and financially secure workforce. Learn more about this initiative at the film's website www.ianyhd.com and sign the Project #RESUS pledge.

The endangerment of BIPOC medical practitioners is a public health crisis which adversely impacts access to quality and equitable care in vulnerable communities in the U.S. and across the globe. Therefore, the goal of the film and these discussions is to:

- Amplify the message that healthcare practitioners also need care and also face financial, emotional and access inequities when seeking mental health services
- Illuminate the racial and gender disparities in mental health outcomes and treatment - particularly in the aftermath of COVID-19
- Promote awareness of the wellness and belonging needs of BIPOC medical practitioners in order to advance a sustainable practice and pipeline

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Physician burnout has reached epidemic levels over the past several years, fueled by the COVID-19 pandemic.”

Dr. Walter Conwell

“Physician burnout has reached epidemic levels over the past several years, fueled by the COVID-19 pandemic. Physicians and learners of color have been particularly impacted due to the added burden of systemic racism. Morehouse School of Medicine is dedicated to supporting the wellbeing of our providers and trainees so that they can continue to overcome these challenges and lead the creation and advancement of health equity.” said Dr. Walter Conwell, Chief Diversity and Inclusion Officer at Morehouse School of Medicine.

To register to view or attend the panel discussions, please visit http://bit.ly/shf_doctorsday.

**DOCTORS' DAY
X SHARED HARVEST**

Live Streaming from
3 Stages

Morehouse College
Atlanta, GA
9:00AM - 10:30AM PT

New England Medical
Association
Boston, MA
3:00PM - 4:30 PM PT

UCLA
Westwood, CA
6:00 PM - 8:00 PM PT

In honor of **National Doctors' Day**, Join us for an all-day, virtual live-stream celebration!
FROM 9AM - 9PM we will be streaming our film, **I AM NOT YOUR HERO**, from three stages across the country, followed by a panel discussion.

Register Here: bit.ly/shf_doctorsday

@askthefund @sharedharvestfund @sharedharvestfund @sharedharvestfund

About Shared Harvest Foundation:

Shared Harvest is a mission-driven social enterprise (501c3) dedicated to spreading compassion through wellness, service, and student debt relief, with the goal to transform the culture of healthcare by combating structural racism, addressing workforce inequities, and increasing access to a diverse community of medical practitioners who have improved emotional well-being. For more information on partnerships and to donate to Project #RESUS, please call 323-880-0121 or visit our website www.sharedharvestfund.org.

About Morehouse School of Medicine:

Founded in 1975, Morehouse School of Medicine (MSM) is among the nation's leading educators of primary care physicians, biomedical scientists, and public health professionals. An independent and private historically-Black medical school, MSM was recognized by the Annals of Internal Medicine as the nation's number one medical school in fulfilling a social mission—the creation and advancement of health equity. Morehouse School of Medicine's faculty and alumni are noted for excellence in teaching, research, and public policy, as well as exceptional patient care. MSM is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award doctoral and master's degrees. To learn more about programs, please visit www.msm.edu or call 404-752-1500.

About The New England Medical Association:

The New England Medical Association (NEMA) is a 501(c) 3 organization working to build a robust community of Black physicians in the New England area to provide safe spaces for dialogue and networking, with the goal of workforce support, retention, and diversification. Our interest has been to both represent the interest of Black physicians and physicians in training and ensure quality health care for the Black community. NEMA offers professional development and career opportunities, connectivity via networking events and informational sessions, mentoring programs and advocacy. To find more information visit our website at www.nema-nma.org.

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