

Nova Nordisk Hosts Leading Entrepreneur Burhan Mirza to Inspire and Empower Employees on Winning Mentality

The leading global healthcare company, Nova Nordisk, invites Burhan Mirza to inspire and empower a winning mentality.

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/EINPresswire.com/ -- Businesses and corporations have become more aware of the importance of mental well-being in today's competitive world. As a result, Nova Nordisk often seeks to invite thought-leaders and successful entrepreneurs to motivate and inspire their employees on the importance of harboring a winning mentality. [Burhan Mirza](#), a leading digital entrepreneur and investor with multiple successful organizations, delighted the attendees with his presence.



Burhan Mirza

The seminar was dedicated to providing key tactics for developing a winning mentality and understanding the difference between winning and losing. "The difference between winning and losing is very marginal. One moment of brilliance is all it takes. You can end up on the losing side in the game of cricket by one run. You can lose by a millisecond in a Grand Prix." Burhan continues by saying that winners have that one extra vital edge that makes them different. That one additional goal, that one extra second, results from a winning mentality that's been working behind the scenes for days, weeks, months, or even years.

Burhan Mirza cultivated multiple organizations, dedicating only the required hours to his work and rest to his mental and physical fitness. He achieved tremendous milestones through his winning mentality, which he brought to Nova Nordisk. "The strongest muscle and your biggest enemy is your brain. It needs to be trained and tamed."

Working on your soul, inner self, and mind is the key to cultivating a winning mentality. Making

sure our minds are fresh and active is achieved through dedicating 45 minutes thrice a week to fitness, says Burhan Mirza.

The seminar concluded with thought-provoking questions and ideas that built self-confidence. Attendees at Nova Nordisk got a piece of Burhan's insights and experience into being better than their past selves and the secret to cultivating a winning mentality.

Burhan Mirza

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