

LetsStopAIDS updates its Peer (to Peer) Workshop Program to reflect new findings from its inaugural Sex Lives Report

Update released in conjunction with Youth HIV Week taking place April 10 - 14

TORONTO, ON, CANADA, April 3, 2023 /EINPresswire.com/ -- In advance of Youth HIV Week, [LetsStopAIDS](#) is announcing the release of the latest update to its [Peer \(to Peer\)](#) Workshop Program to reflect new insights garnered from its inaugural Sex Lives Report, released July 2022. Its Peer (to Peer) Workshop Program delivers participatory and gamified sessions designed, developed and facilitated by passionate youth leaders focusing on sexual health and youth leadership. This Youth HIV Week, LetsStopAIDS is inviting educators to tap into Peer (to Peer) programming for youth and young adults. These sessions are delivered free of charge upon request.

Through the program, youth will learn how to navigate daily life situations concerning their sexual lives and relationships and how to make safer, healthier and informed sexual health choices. The program has been updated to address key findings uncovered by LetsStopAIDS, making it the most relevant sex-ed program for youth in Canada. It addresses youth not seeking treatment for STIs, using less protection, sending more nudes and facing more concerns with mental health. Youth can also strengthen their leadership skills by becoming Peer Educators for the program or advocates in their communities. They can meaningfully lead workshops and discuss evidence-based sexual health information with their peers.

"LetsStopAIDS' Peer (to Peer) workshops are gamified and innovative, encouraging dialogue among youth through quizzes, skits, trivia, games and self-guided research. There is no education program like it in Canada, especially because it is youth-led and informed by our Sex Lives Survey data," says Tatiana Goulart, national manager, LetsStopAIDS. "Our goal is to integrate basic sexual and health education into schools. By facilitating these workshops, we provide Canadian youth with tools to take on leadership roles within their communities." The charity continues creating space for knowledge exchange and discussions about sexual health, HIV prevention, stigma, harm reduction and more among youth by adopting the 5E experience model, a framework to promote a student-centred and inquiry-based learning process.

[Click here for the full press kit.](#)

About LetsStopAIDS

LetsStopAIDS is Canada's largest youth-driven charity focused on HIV prevention and knowledge exchange. Founded in 2004 by then 15-year-old Shamin Mohamed Jr., LetsStopAIDS inspires youth in Canada and globally to play a meaningful role in ending the AIDS epidemic by 2030. Through its numerous programs, LetsStopAIDS inspires young people affected by HIV to take action within their local communities, striving to achieve zero new youth-HIV infections. Learn more at letsstopaids.org.

MEDIA CONTACTS

Gerson Scheidweiler
Executive Advisor
LetsStopAIDS
416 231-2333 ext. 450
gsf@letsstopaids.org

Yasmine Djama
Matte PR
+1 416-515-7667 ext. 703
[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/625409354>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.