

Traditional Chinese Medicine Provides Health Benefits To Herbal Coffee Line

FORNEY, TEXAS, UNITED STATES , April 3, 2023 /EINPresswire.com/ -- Traditional Chinese Herbal Coffees are the newest innovation of Herb-n-Wellness, a holistic health platform.

The mission behind the herbal coffee offerings is to expand the health benefits of Traditional Chinese Medicine (TCM) to people who may not normally consume them. Although the custom blends are intended to help the general public, there is hope that they will win over younger adults who may not otherwise embrace TCM.

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Dr, Patricia McCartney

The custom blended coffees are formulated to offer health support that is both general and yet specific to the individual ordering them. For those who prefer a non caffeinated option, herbs such as Dandelion Root and

Chickory are used to provide a similar taste profile.

Personal Health Questionnaires are completed to provide guidance as part of the purchase process, This information is used in the selection and formulation of a customized herbal coffee protocol.

Visitors to the platform are also given the option to purchase an iris scan which can be performed remotely to assess any health imbalances. More traditional Face, nail and tongue assessments are also available.

According to Dr. Patricia W. McCartney, a board-certified naturopathic doctor and master herbalist “the key to all of the modalities we use is prevention. All the options we offer are part of that goal. Traditional Chinese Medicine represents thousands of years of healing through its use of herbs. Combined with coffee, with coffee these herbs are able to reach a whole new demographic “

In addition to their core herbal coffees, optional add on protocols are also available to provide additional layers of natural health support. To learn more, please visit

<https://www.DrPattiMcCartney.com>

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