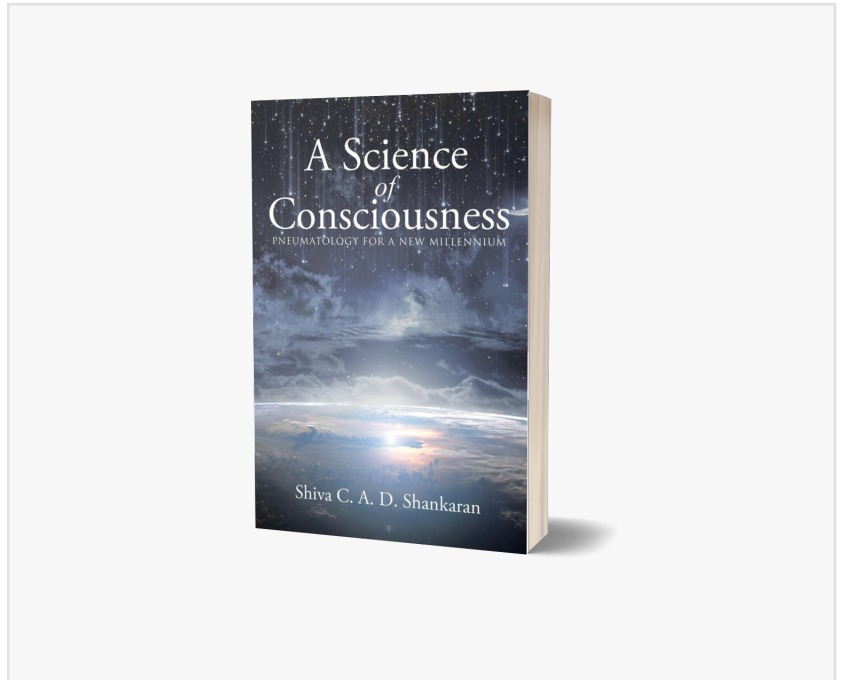


Thought-Provoking Book Engages the Mind and Soul

Shankaran's New Masterpiece Brings Delight to Readers Across the World

TORONTO, ONTARIO, CANADA, April 5, 2023 /EINPresswire.com/ -- There are many words that, though used often, are very profound and can be explained even further. And when we do so, those words make us realize a whole new meaning or definition of the word.

Shiva C. A. D. Shankaran hopes to expound the meanings of some of the most basic concepts of life, and providing fresh perspectives to it.



Shankaran's new book, "[A Science of Consciousness: Pneumatology for a New Millennium](#)" is a book all readers should not miss - whether you be an educator, a student, or just a book buyer who wants to read masterpieces that open the mind.

The book answers some simple questions that, when analyzed deeply, will bring a new understanding of the mind, soul, and life in general: What is Consciousness? What is the Holy Spirit? What if the ancient word St. Paul used for "spirit," pneuma, were to be interpreted as equivalent to "consciousness" as we are striving to understand it today? What would be the effects and implications of this upon the understanding of the self, the world, and the greater creation?

"I feel strongly that this work comes at a time in human experience when this insight is essential for collective survival and peaceful transition through difficult and exciting times," Shankaran says. She continues that people need only to adjust their focus, relax their eyes, so to say, and be willing to see within themselves a point of connection with their Maker.

Shankaran also says that it is not necessary to believe in God when reading this book. "One only

needs to accept that one has consciousness and be willing to explore whatever that may be," Shankaran points out.

An [Amazon](#) customer wrote: "These writings are deep, to say the least. I pride myself on being a 'deep thinker' yet his concepts are beyond me"

Shankaran shares that the writing of the book began as a cognitive exercise following a traumatic event in 2012. "That experience created an urgency within me to express for spiritual seekers the insights and wisdom that had amassed within me over 50 years or more of yogic practices and devotion and to share this with the lovers of life," Shankaran added.

Other than "A Science of Consciousness", Shankaran also wrote "Poems of the Ignited Heart & Illumination of the One: Sonnets for Seekers Everywhere/from Trinity to Unity", also available on Amazon and other leading digital book channels.

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Bookside Press

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