

# Newport Beach Dentist Highlights Ways Cosmetic Dentistry Treatments Can Make Patients Look Younger

*Dr. John Cross, lead dentist at OC Lifesmiles, discusses cosmetic treatments that can improve not only patients' smiles, but also their entire appearance.*

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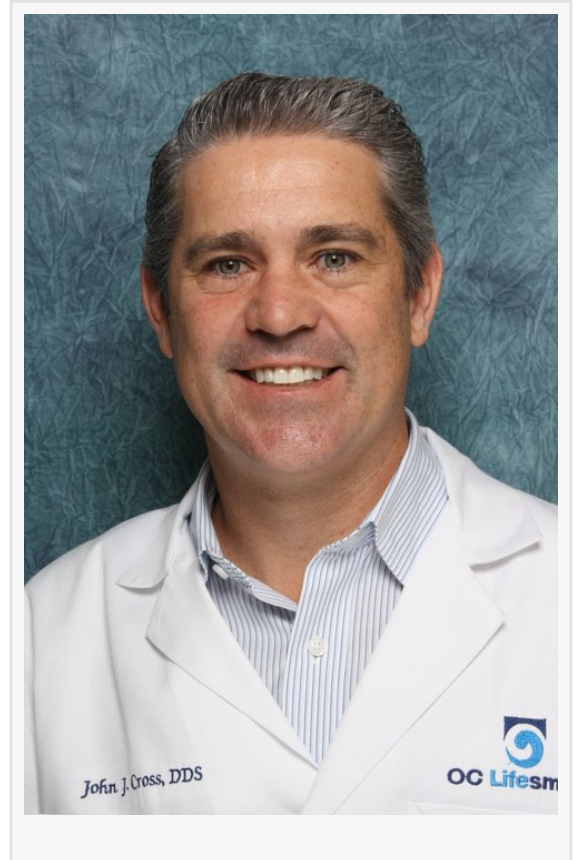
/EINPresswire.com/ -- Dr. John Cross of leading Newport Beach-based practice OC Lifesmiles recently detailed how certain cosmetic dentistry services can refine the shape, color, and proportions of the teeth to help patients enjoy a healthier and more youthful smile. Through advancements in dental techniques and technology, Dr. Cross reveals that the capabilities of dentistry as a whole have expanded immensely, thereby increasing the overall impact dentists can make on their patients' lives.

Cosmetic dentistry is a broad category that generally includes treatments like [porcelain veneers](#), teeth whitening, Invisalign®, tooth-colored fillings, cosmetic bonding, and a [Smile Makeover](#). According to Dr. Cross, many of these treatments can enhance the balance and structure of a patient's smile, improve oral hygiene, and even make people appear younger.

Over time, your features begin to change and the teeth are no exception. The lips often thin with age, fine lines commonly develop around the mouth, and the teeth may appear short or worn due to wear and tear. High-quality dental work can help improve these effects and, in turn, achieve a healthier, more vibrant, and younger-looking appearance.

Conditions that can be greatly improved with cosmetic dentistry include severe staining, cracks and chips in the teeth, crookedness, misalignments, and gaps, among other aesthetic concerns.

While any of the aforementioned services can help improve self-confidence on their own,



combining a few treatments together can achieve even greater results. A Smile Makeover can provide many benefits to your smile, as treatment incorporates multiple services into one dental plan. For those who want to know more about how cosmetic dentistry can help patients achieve their goals, Dr. Cross encourages scheduling a one-on-one consultation with a qualified [cosmetic dentist](#).

#### About John Cross, DDS

Dr. John Cross is a Newport Beach cosmetic dentist who has been serving the Orange County community since 1999. In 2006, he later founded his own private practice, known to Orange County residents as OC Lifesmiles. Dr. Cross is a member of several professional organizations, including the American Academy of Cosmetic Dentistry, the American Academy of General Dentistry, and the Las Vegas Institute for Advanced Dental Studies. He earned his undergraduate degree at the University of California and received his Doctor of Dental Surgery (DDS) at the University of the Pacific in Northern California. At OC Lifesmiles, Dr. Cross provides a variety of services, including porcelain veneers, dental implants, and full mouth restoration, among other advanced procedures. He is also accredited in sedation dentistry techniques and Invisalign® orthodontics. Dr. Cross is available for an interview upon request.

For more information about Dr. Cross and OC Lifesmiles, please visit [oclifesmiles.com](http://oclifesmiles.com) and [facebook.com/OCLifesmiles](https://www.facebook.com/OCLifesmiles).

To view the original source of this release, click here: <https://www.oclifesmiles.com/news-room/newport-beach-dentist-discusses-how-cosmetic-dentistry-treatments-can-make-patients-look-younger/>

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