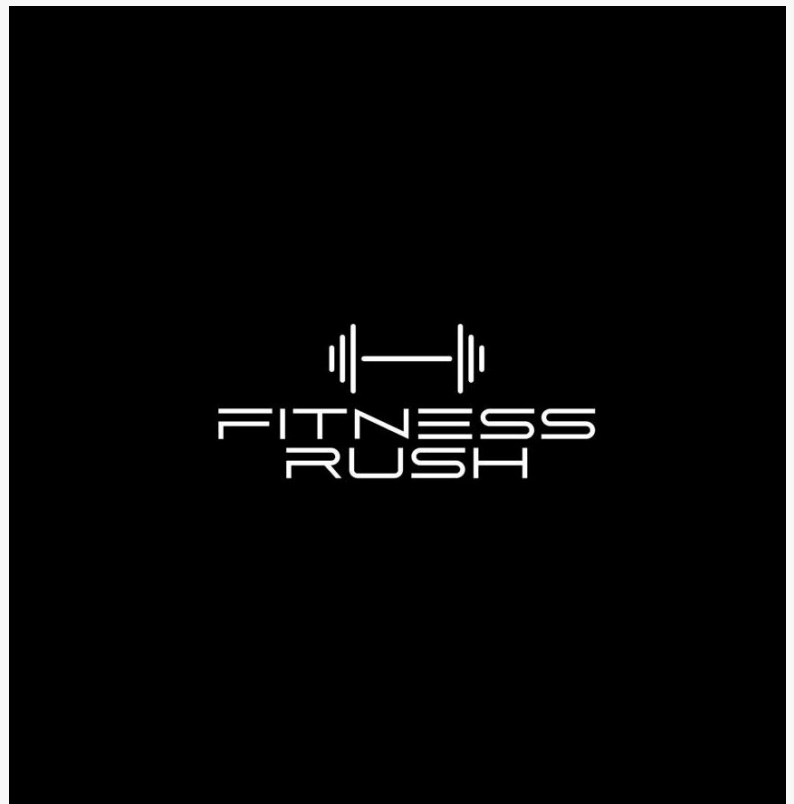


# "Get Fit and Feel Fabulous: The Colony Ridge Communities' New Fitness Rush Gym is Here!"

CLEVELAND, TEXAS, UNITED STATES, April 13, 2023 /EINPresswire.com/ -- The [Colony Ridge Communities](#), located in Cleveland and Northeast Houston TX, are excited to announce the opening of a brand new [Fitness Rush Gym](#).

This state-of-the-art gym is the perfect addition to our already bustling community, providing residents with access to world-class fitness equipment and amenities. The Fitness Rush Gym boasts a spacious layout with an impressive array of workout equipment, including cardio machines, weightlifting equipment, and resistance training machines. Members will also have access to a variety of fitness classes, ranging from yoga and Pilates to high-intensity interval training (HIIT) and spin classes.



New Fitness Rush Gym serving at Colony Ridge Communities and Northeast Houston Area.

But the Fitness Rush Gym isn't just about the equipment and classes - it's about the community. Our gym is staffed with friendly and knowledgeable trainers who are available to assist members with their fitness goals and answer any questions they may have. Members can also take advantage of our group fitness classes, which provide a fun and supportive environment for getting fit and making new friends.

The opening of the Fitness Rush Gym is just one more reason why The Colony Ridge Communities are the perfect place to call home. With easy access to top-notch amenities and a vibrant community of like-minded individuals, residents are sure to find everything they need to live a happy and healthy lifestyle.

"We're thrilled to bring this fantastic new gym to our community," said Colony Ridge. "We believe

that fitness and wellness are essential components of a fulfilling life, and we're proud to offer our residents access to the best fitness facilities and programs available."

Membership to the Fitness Rush Gym is available to all residents of The Colony Ridge Communities, [Terrenos Houston](#), and Terrenos Santa Fe visitors, with affordable pricing and flexible membership options to suit every lifestyle. We invite you to join us for a tour of our new gym and experience all that it has to offer.

Marketing Department

Terrenos Houston

+1 954-330-0996

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A new fitness center will cater to the Colony Ridge Communities located in the North Houston Area.



The Northeast Houston Area's Colony Ridge Communities are experiencing rapid growth.

This press release can be viewed online at: <https://www.einpresswire.com/article/627827391>

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