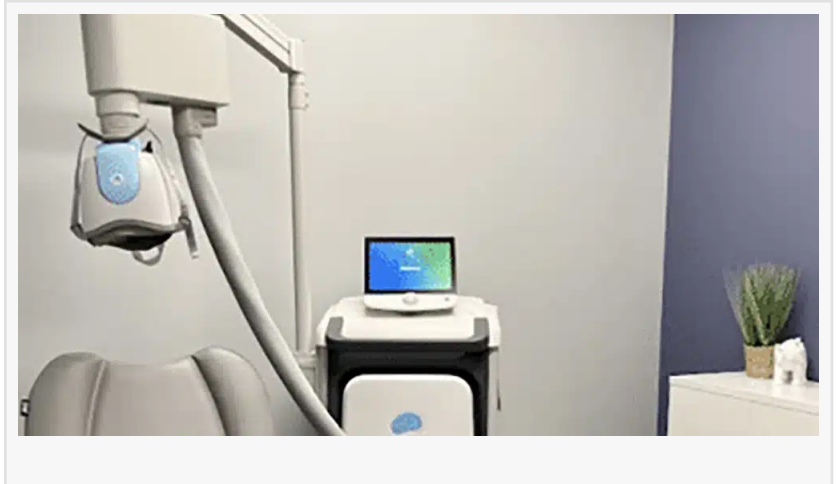


Ellie Mental Health Releases New Guide About the Life-Altering Potential of TMS Therapy

MENDOTA HEIGHTS, MINNESOTA, UNITED STATES, April 13, 2023 /EINPresswire.com/ -- Ellie Mental Health just released a new and detailed guide about TMS Therapy – [a treatment for chronic depression](#). And as millions of Americans over age 18 struggle with depression, this therapy has the potential to change the trajectory of depression management.



Transcranial Magnetic Stimulation (TMS) is a non-invasive, FDA-approved procedure that utilizes pulsating magnetic fields to help stimulate the frontal lobe in order to help improve symptoms of depression.

During TMS therapy, the patient is fully awake and doesn't require anesthesia – unlike Electroconvulsive Therapy (ECT) which utilizes electrical pulses to induce seizures. Additionally, TMS therapy has been successful in the total remission of depressive symptoms in 60 percent of patients [according to several studies](#).

While therapy is different for everyone, TMS may be an option for those who have dealt with chronic depression over a long period of time, or for those who may have tried conventional therapy with little to no success. In fact, those who have experienced side effects from depression medication may also consider TMS therapy as an attractive option if they wish to discontinue medication – but only under the advice of a doctor.

TMS therapy may offer those who have been treatment resistant to depression therapy and medication a new option for depression management. However, it's always important to follow instructions from a physician while in treatment for depression.

Ellie Mental Health employs staff members highly trained in TMS therapy and offers a personalized approach to treatment. This means patients can put their minds at ease for each session. While depression can isolate you and be scary, the professionals at Ellie Mental Health

will work tirelessly to provide all patients with the best treatment.

For more information on TMS therapy, or to schedule an appointment, you can [reach out to Ellie Mental Health](#) via the company website.

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This press release can be viewed online at: <https://www.einpresswire.com/article/627833427>

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