

# Author Ellen Beth Berman Shares How She Hurdles the Darkness in a Coal Mine and Went Out with Diamonds

*An astounding collection of poems and imagery that depicts a beautiful journey of spiritual awakening*

COOKSTOWN, NEW JERSEY, UNITED STATES, April 18, 2023

/EINPresswire.com/ -- "A man can gain wisdom from anyone or anything. All are filled with the Presence of the Holy One."

These words of Reb Zusya of Anipoli, an eighteenth century sage, resonate throughout the critically-acclaimed book by Poet Ellen Beth Berman, [The Voice of the Rooster and the Lessons It Teaches](#).

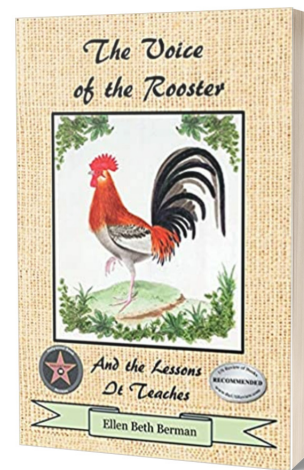
Hollywood Book Review has awarded the book its Star of Excellence, a special seal for books of exceptional merit. US Book Review gave The Voice of the Rooster its "recommended" status. To quote their critic, "Berman asserts that a face, an innocence, and 'a glimpse of the True Artist' can inspire all aspects of life. Truth has no mask. ..."

"Truth need not don a costume  
A fancy cloak or elaborate mask  
It does not stoop to pretense  
To obscure the 'real' reason for a noble task. ..."

Unmasking Truth

E. B. Berman, Copyright 2021

The author asks the questions: "What can a fragile rooster teach me upon awakening? What if his 'song' is truly the song of our heart? The 'rooster's lessons' unfold, suggesting a way to value each day by searching for its inner light...It is this place of goodness and hope within each of us that she labels the 'soul.'"



Ellen Beth Berman was brought up in the Appalachian hills of Southwestern Virginia. She embarked in her teens on a spiritual journey back to her religious roots. Both her undergraduate and graduate education focused on comparative religion, philosophy, and educating young children. Of greatest significance, though, was finding in Jewish Chassidic philosophy a lens for seeing G-d in the “seemingly simple” aspects of everyday living. She compares her spiritual journey to going into the darkness of a coal mine and returning with diamonds.

“When a person transforms fear into G-dly devotion  
Silencing any voice of gloom or doubt  
The deepest mine becomes his Mount Sinai\*  
Instead of coal, a diamond is brought out.”

\*A person’s connection to what is holy.

From Deep Within  
E. B. Berman, Copyright 2021

The author asks, “What would happen if as a parent or a teacher, we chose to look for ‘that diamond’ within each child—within even ourselves?”

In this world of extremes, G-d is often relegated to a remote place far out in the heavens. The Voice of the Rooster and the Lessons It Teaches brings him near.

The Reading Glass Books will showcase The Voice of the Rooster and the Lessons It Teaches at the Los Angeles Festival of Books, taking place from April 22 to 23, 2023, at the University of Southern California. Ellen Beth Berman’s book will be featured at the Black Zone, The Reading Glass Books Booth #959.

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