

# Fibroid Fighters Releases “Break the Silence, Break the Behavior” YouTube Video for National Infertility Awareness Week

*Actor Kellee Stewart and TV Film Producer Erica Taylor Share their Infertility Struggles*

NORTHBROOK, IL, UNITED STATES, April 24, 2023 /EINPresswire.com/ -- Northbrook, IL, April 24, 2023—[Fibroid Fighters Foundation](#), a non-profit that supports women suffering from fibroid disease, features actor Kellee Stewart on its Break the Silence, Break the Behavior YouTube video series during National Infertility Week. Stewart, who has appeared on All American, Rookie Feds, and Chicago Med, is the creator and host of the Instagram Live “Warrior Wednesdays,” which features information about egg-freezing fertility options.

Fibroid Fighters Ambassador and host Erica Taylor talks with Stewart about the challenges faced by over 26 million women suffering from fibroids, especially when trying to conceive. Depending on their location in the uterus, fibroids can be a factor in infertility and recurrent pregnancy loss. The program, “Fibroids and Infertility,” is being released as part of a campaign for National Infertility Week, April 23 – 29.



Fibroid Fighters Ambassador, Erica Taylor, speaks with actor, Kellee Stewart on Fibroid Fighters’ Break the Silence, Break the Behavior YouTube video series, during National Infertility Week.



Uterine fibroid embolization (UFE) is a non-surgical fibroid removal treatment that preserves fertility in women who suffer from fibroids and want to conceive.

[Uterine fibroids](#) are noncancerous tumors often appearing during childbearing years and can grow as large as a melon.

Approximately 25% to 50% of women with fibroids are symptomatic, experiencing heavy menses, reproductive issues, pain, increased urinary frequency, and anemia.

In addition to causing infertility, surgical treatment for fibroids is often prescribed, such as hysterectomies that end a woman's ability to become pregnant. According to the National Institutes of Health, nearly half a million hysterectomies are done annually.

USA Fibroid Fighters Founder Yan Katsnelson, M.D., says that too many hysterectomies are being performed. "It's important to educate women about fibroids and treatment options and advocate for earlier prevention, such as ultrasound screenings as part of a regular check-up, so fibroid disease doesn't lead to infertility."

Many women delay fibroid treatment because they are worried about needing a hysterectomy. A study published in the American Journal of Obstetrics & Gynecology found that as many as one in five women who underwent a hysterectomy for a benign condition may not have needed the procedure.

Unfortunately, non-surgical procedures, such as uterine fibroid embolization performed by an interventional radiologist, are often not provided as a treatment option. Fibroid Fighters works to provide information to women so they can make informed decisions about their reproductive health.

"We rarely talk about fertility with ourselves or each other until we're actively trying to conceive. And, if it doesn't work, we panic," says Stewart, who advocates for women to learn about egg freezing that provides options for conception.

The exclusive interview on the [Break the Silence, Break the Behavior Video](#) is being released on the Fibroid Fighters' website on Sunday, April 23, 2023. Stewart and Taylor share their experiences dealing with infertility and how it impacted their reproductive health.

For information about fibroids and treatment options, call 855-455-5262 or visit [www.fibroidfighters.org](http://www.fibroidfighters.org).

#### About Fibroid Fighters

The Fibroids Fighters Foundation is a public welfare organization created to advance the cause of



women's health and the safe and effective treatment of uterine fibroids. Its mission is to educate the American public about the health, social, and economic damages caused by uterine fibroids with a focus on research and advances in fibroid disease treatment.

About "Break the Silence, Break the Behavior"

The video series "Break the Silence, Break the Behavior" offers in-depth interviews with legislators, health activists and celebrities. Its goal is to bring attention to the fibroid epidemic and its effect on women's health, emotional well-being, family lives and careers.

News Center

Fibroid Fighters

+1 224-433-3291

[email us here](#)

Visit us on social media:

[Facebook](#)

[Twitter](#)

---

This press release can be viewed online at: <https://www.einpresswire.com/article/629080609>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.