

Sensei Farms Celebrates National Salad Month in Hawaii

Sensei Farms encourages Hawaii residents to incorporate healthy eating habits with the #MySenseiSalad Photo Contest

LĀNA'I CITY, HAWAII, UNITED STATES, May 3, 2023 /EINPresswire.com/ -- In celebration of National Salad Month, Sensei Farms is excited to announce the #MySenseiSalad Photo Contest, which will run throughout the month of May. This initiative aims to promote healthy eating habits by encouraging kama'aina to create and enjoy more fresh, locally grown salads.



A Fresh Celebration! Sensei Farms celebrates National Salad Month in Hawaii.

Participants can enter the contest by sharing a photo on Instagram of how they celebrate National Salad Month with their favorite Sensei Farms products using the hashtag

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We hope this campaign and the #MySenseiSalad Photo Contest will help people make healthier choices and have fun doing it!”

Connie Lu, Senior Marketing Manager at Sensei Farms

#MySenseiSalad. The contest is open to Hawaii residents 18 & older and will run from May 1 through May 31, 2023. The winner will receive a 2-night stay at Hotel Lāna'i and a tour of the farm.

Sensei Farms grows a variety of lettuces and mini tomatoes, making their products the perfect staples for any salad. “According to the CDC, only 1 out of 10 adults in America eat enough fruits and vegetables. We hope this campaign and the #MySenseiSalad Photo Contest will help

people make healthier choices and have fun doing it! By choosing Sensei Farms, people are also supporting local, sustainable agriculture and investing in our island communities,” says Connie Lu, Senior Marketing Manager at Sensei Farms.

Throughout the month, Sensei Farms will also feature various salad recipes on their Instagram page [@Sensei.Farms](https://www.instagram.com/Sensei.Farms/), highlighting fresh tips and inspiring followers to create their own

sensational salads.

For more information on how to enter the contest and for Official Rules, please visit www.senseifarms.com/mysenseisalat23.

About Sensei Farms

Sensei Farms is on a mission to transform agriculture. Their 2-acre flagship farm on the island of Lānaʻi consists of six solar-powered greenhouses with the capacity to grow over half a million pounds of food a year. With a commitment to innovation and sustainability, Sensei Farms aims to deliver nutrient-rich, delicious produce year-round to inspire wellness across all the islands. Visit www.senseifarms.com to learn more.

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