

Dr. Mateja de Leonni Stanonik to join medical team for record-breaking Martin Strel's Swim Around the World

Slovenian Martin Strel is the world record holder in ultra marathon swimming. Dr. de Leonni Stanonik will provide medical support for Strel's newest challenge.

TUCSON, ARIZONA, UNITED STATES, May 31, 2023 /EINPresswire.com/ -- "Martin Strel ... is a Slovenian long-distance swimmer, one of the most elite endurance athletes best known for swimming the entire length of various rivers. Strel holds successive Guinness World Records for swimming the Danube river, the Mississippi River, the Yangtze River, and the Amazon River..." Wikipedia, https://en.wikipedia.org/wiki/Martin_Strel



Dr. Mateja de Leonni Stanonik at the Vita Medica Institute in Tucson, Arizona

In 2007, Martin Strel set a new world record by swimming the entire Amazon River over a 66-day period beginning in Atalaya, Peru, to Belém, Brazil. This record-breaking swim was part of the "Amazon Swim Expedition." That mission was supported by a [medical](#) team, dubbed the "Amazon Virtual Medical Team" (AVMT), that provided 24/7 medical support applying [telemedicine](#). The AVMT was a multinational volunteer group of specialists, physicians, and telemedicine experts, provided medical support 24/7 in the often treacherous Amazon basin. The team physician, Dr. [Mateja de Leonni Stanonik](#), was aboard the boat during the entire mission. The expedition provided a unique opportunity to introduce telemedicine to more than 17 communities in the Amazon basin. See www.amazonswim.com. Filmmaker John Maringouin turned the story into an acclaimed documentary, Big River Man. See https://en.wikipedia.org/wiki/Big_River_Man

Martin Strel is now working on his most significant event yet, a "Swim Around the World" (WorldSwim). His plan is to visit 130 countries in 365 days and swim 110,000 kilometers of ship

route. See

<https://www.worldswim.global/>

The project is expected to connect people, businesses, governments, celebrities and top athletes around the world to raise awareness for protecting our Planet. As during previous missions, doctors will monitor Martin Strel's mental and physical activity. This is an unprecedented event in the history of swimming, and Dr. de Leoni Stanonik is excited to be a part of it.

Explains Dr. de Leoni Stanonik, "This is once again a unique opportunity to bring professionals together to support a record-breaking event, to raise awareness for health and environmental issues, and to further develop Telemedicine to provide access

to medical support worldwide. Martin is not just a swimming champion; he is a champion of bringing people together for his missions to make the entire world a better place. I am honored to once again be part of the team."

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Dr. Mateja de Leoni Stanonik, Neurologist



Mateja de Leoni Stanonik, MD, PhD, shares her experience with medical personnel.

Please check Martin Strel's website

<https://www.worldswim.global/> for updates on the mission.

About Dr. Mateja de Leoni Stanonik

Mateja de Leoni Stanonik, MD, PhD is the head of a multidisciplinary Neurology and Psychiatry Clinic, the Vita Medica Institute, in Tucson, Arizona. The focus of her current practice is stroke/vascular neurology, memory issues as well as women's issues within neurological disorders.

Dr. Mateja de Leoni Stanonik grew up in Slovenia (formerly Yugoslavia). She completed her undergraduate degrees in Biology and Psychology (BSc.), as well as in German and Political Science (B.A.). She went on to obtain her Master's degree in Cognitive Psychology/Neurolinguistics and Doctoral (Ph.D.) degree in Neuroscience. In 2007, she

completed her M.D. degree at the Saba University School of Medicine, followed by a medical residency in Neurology at George Washington University.

Dr. de Leonni Stanonik is passionate about preserving brain health well into the golden years of life which allows patients to maintain quality of life as much as possible. Thus, she routinely uses treatments to limit cognitive decline.

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Dr. Mateja de Leonni Stanonik explaining stroke issues.



The Vita Medica Institute in Tucson, Arizona, Dr. Mateja de Leonni Stanonik.



Dr. Mateja de Leonni Stanonik explaining a procedure.

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