

DC Talk Therapy Adds Trauma Therapist Chris Kovacs

DC Talk Therapy, a psychotherapy group practice in Washington, D.C., has added trauma therapist Chris Kovacs. He will offer daytime and evening appointments.

WASHINGTON, DC, UNITED STATES, June 6, 2023 /EINPresswire.com/ -- DC Talk Therapy, one of the largest psychotherapy group practices in Washington, D.C., has added another therapist to its growing team. Chris Kovacs, LICSW, a psychotherapist with nearly a decade of experience, joined the practice June 5.



Chris Kovacs, the newest therapist at DC Talk Therapy.

Founded in 2012, DC Talk Therapy now has 13 therapists providing [individual therapy](#) and [group therapy](#). The practice works with adults of all ages but specializes in treating young adults (20s and 30s) with anxiety, depression and relationship problems.

“

We're thrilled to add a therapist of Chris' caliber to our team.”

David Sternberg

As a trauma therapist, Mr. Kovacs has extensive experience working with post-traumatic stress disorder (PTSD), childhood trauma, parental abuse and survivors of intimate partner violence. In addition to being a trauma specialist, Mr. Kovacs is also a licensed clinical alcohol and drug counselor.

"We're thrilled to add a therapist of Chris' caliber to our team," said founder and owner David Sternberg. "We're always looking for the best therapists in D.C. We believe we found one."

Mr. Kovacs, who offers in-person therapy and [teletherapy](#), utilizes a variety of evidence-based therapeutic approaches, including Dialectical Behavioral Therapy and Cognitive Behavioral Therapy. He is licensed to practice in Washington, D.C. and Virginia.

Mr. Sternberg is pleased that adding Mr. Kovacs means more evening availability.

"I love that we can now offer more evening therapy sessions for our clients," he said. "There's always such a strong demand for evening appointments."

Prior to joining DC Talk Therapy, Mr. Kovacs provided outpatient therapy at community mental health centers in New Jersey and for a nationally-known mental health practice.

David Sternberg
DC Talk Therapy
+1 202-588-1288
info@dctalktherapy.com

This press release can be viewed online at: <https://www.einpresswire.com/article/637945105>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.