

An Opportunity to Grow Sleep Aids Market, Raising by CAGR of 6.9%

The global sleep aids market size is projected to reach \$111,920.10 million by 2030, registering a CAGR of 6.9% from 2021 to 2030.

PORTLAND, OREGON, UNITED STATES, June 8, 2023 /EINPresswire.com/ -- Sleep aids are medications or techniques designed to promote better sleep and alleviate sleep-related issues. They can be classified into different categories, including prescription sleep medications, over-the-counter (OTC)



sleep aids, and natural remedies. The global <u>sleep aids market</u> size was valued at \$59,815.10 million in 2020, and is projected to reach \$111,920.10 million by 2030, registering a CAGR of 6.9% from 2021 to 2030.

0 0000000 000000 0000 00 000000 -

https://www.alliedmarketresearch.com/request-sample/1533

Prescription sleep medications, such as benzodiazepines and non-benzodiazepine sedative-hypnotics, are often used for short-term management of sleep disorders. These medications work by targeting specific receptors in the brain to induce sleep and promote a more restful sleep cycle. However, they should be used with caution due to the potential for dependence and side effects.

Major market players covered in the report -

Cadwell Industries, Inc.

Compumedics Limited

Drive DeVilbiss Healthcare Inc.

GlaxoSmithKline Plc
Merck& Co., Inc.
Natus Medical Inc.
Koninklijke Philips N.V.
PFIZER, INC.
Sanofi S.A.
SleepMed Inc.
0000000 00000000 000000 (000 00000 000
ittps.//www.ameumarketresearch.com/sieep-alus-market/purchase-options

Key Benefits for Stakeholders -

- The report provides quantitative analysis of market segments, current trends, strategies and potential of Surgical Equipment Market research to identify potential Surgical Equipment Market opportunities in genetics.
- In-depth analysis of this sector helps identify current market opportunities.
- Market analysis and information related to key drivers, restraints and opportunities are provided.
 Porter's Five Forces Analysis identifies the capabilities of buyers and suppliers to enable stakeholders to make profitable business decisions and strengthen the network of buyers.
- The largest countries in each region are listed according to their contribution to the global market.
- Focusing on market players makes benchmarking easier and provides a clear understanding of the current market situation.
- The report includes regional and global Surgical Equipment Market analysis, key players, market segments, application areas and Market growth strategies.

OTC sleep aids typically contain antihistamines, which have sedative properties. These medications are generally milder than prescription sleep aids and are used to address occasional sleeplessness or mild sleep disturbances. It is important to follow the recommended dosage and precautions when using OTC sleep aids to avoid potential side effects and interactions with other medications.

Natural remedies for sleep, such as herbal supplements (e.g., valerian root, melatonin) and relaxation techniques (e.g., meditation, aromatherapy), are also commonly used. These

approaches aim to promote better sleep without relying on pharmaceutical interventions. However, it is essential to consult with a healthcare professional before using any natural sleep aid to ensure safety and effectiveness.

It is crucial to note that sleep aids should be used judiciously and under the guidance of a healthcare professional. Addressing the underlying causes of sleep disturbances, such as lifestyle changes, sleep hygiene practices, and stress management, is often recommended as the first line of treatment. Sleep aids should be considered as a temporary solution for managing sleep difficulties and not as a long-term solution.

0 000 00000000 0000000 -

https://www.alliedmarketresearch.com/purchase-enquiry/1533

Frequently Asked Questions?

- Q1. What is the total market value of Sleep Aids market report?
- Q2. Which are the top companies hold the market share in Sleep Aids market?
- Q3. Which is the most influencing segment growing in the Sleep Aids market report?
- Q4. What would be forecast period in the market report?
- Q5. What is the market value of Sleep Aids market in 2020?
- Q6. Which is base year calculated in the Sleep Aids market report?

Sexually Transmitted Diseases (STD) Testing Market - https://www.alliedmarketresearch.com/diagnostic-testing-stds-market

Asia-Pacific IVF Service Market - https://www.alliedmarketresearch.com/asia-Pacific-in-vitro-fertilization-services-market

Multiplex Assay Market - https://www.alliedmarketresearch.com/multiplex-assays-market

Next Generation Sequencing Market - https://www.alliedmarketresearch.com/next-generation-sequencing-market

About Us -

Allied Market Research (AMR) is a full-service market research and business-consulting wing of

Allied Analytics LLP based in Portland, Oregon. Allied Market Research provides global enterprises as well as medium and small businesses with unmatched quality of "Market Research Reports" and "Business Intelligence Solutions." AMR has a targeted view to provide business insights and consulting to assist its clients to make strategic business decisions and achieve sustainable growth in their respective market domain.

Pawan Kumar, the CEO of Allied Market Research, is leading the organization toward providing high-quality data and insights. We are in professional corporate relations with various research data tables and confirms utmost accuracy in our market forecasting. Each and every us companies and this helps us in digging out market data that helps us generate accurate y data presented in the reports published by us is extracted through primary interviews with top officials from leading companies of domain concerned. Our secondary data procurement methodology includes deep online and offline research and discussion with knowledgeable professionals and analysts in the industry.

David Correa Allied Analytics LLP + 1-800-792-5285 email us here

This press release can be viewed online at: https://www.einpresswire.com/article/638240962

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.