

Mipham Shedra Tibetan Buddhist Meditation Center Presents: A Day of Sacred Dance and Prayer with Lunch and Fundraiser

Immerse in Lingdro dance and prayer at Mipham Shedra's enriching day event, complete with lunch and a fundraiser.

BOULDER, CO, USA, June 11, 2023 /EINPresswire.com/ -- Mipham Shedra Tibetan Buddhist

“

We feel immensely privileged to have Tseyang Dronma share her deep knowledge of Lingdro with our Community, Her insights will deepen our connection to the spiritual values of Tibetan Buddhism”

Mipham Shedra Member

Meditation Center Presents a Day of Sacred Dance, and Prayer with Vegetarian Lunch. This day will also act as a fundraiser for the Mipham Shedra Temple Project concluding with a [Lingdro Dance Performance](#). Join us on this auspicious day to support the temple, dispel war and violence, and bring World Peace.

Denver, CO, June 8, 2023 - Mipham Shedra Tibetan Buddhist Meditation Center warmly welcomes the Colorado community to join in an immersive day of spiritual and cultural appreciation and a fundraiser for the Mipham Shedra Temple Project. Facilitated by the

distinguished Tibetan Buddhist teacher, Lhoppon Rechung Rinpoche, this event offers an array of enriching experiences, anchored by the sacred Lingdro dance of Tibetan Buddhism. Join us on this auspicious day to support the temple, dispel war and violence, and bring World Peace. By donating \$20, you secure your spot at our event, with the contribution covering lunch and venue costs. For those unable to join in person, we welcome you to attend through Zoom, free of charge. Please consider additional donations to Mipham Shedra, available via our website, or during the event.

The Lingdro Dance traces back to its inception by the 19-Century Buddhist master, Jamgon Mipham Rinpoche (1846-1912), who revealed this dance as a terma, or treasure. It is a profound representation of the Tibetan Buddhist heritage. The Mipham Shedra dancers will be led by Semo Tseyang Dronma, a lineage holder of the Lingdro dance. Tseyang La as she is reverently called, is a direct descendant of Mukpodong Norsang, the esteemed Lingdro lineage holder. She authored the history of Lingdro Dance in Tibetan, published by the Amnye Machen Institute, under the direction of HH 17th Gyalwang Karmapa Orgyen Trinley Dorje.

Tseyang La will graciously guide the Mipham Shedra dancers through this spiritual art form, offering a deep connection to our ancestral traditions.

Born in Odisha and raised in Nepal, Tseyang La brings a rich personal journey that beautifully complements her teachings. Having undertaken a three-year retreat under Kyabje Chatral Sangye Dorje Rinpoche, and received empowerments from several esteemed masters.

Quote: "We feel immensely privileged to have Tseyang Dronma share her deep knowledge of Lingdro with our Community," a representative from Mipham Shedra Sangha explained. "Her insights will undoubtedly deepen our connection to the spiritual values of Tibetan Buddhism and enrich our understanding of this sacred process."


Here's a look at the day's program:

- Doors open at 10:00am
- an Optional Prayer ceremony begins at 10:30 am
- Lunch and Dharma Talks 12:00-3:00 pm
- Mantra and Flute Song by Ven. Bhakha Tulku Rinpoche
- Dharma Talks with:
 - Dzigar Kongtrul Rinpoche
 - Dungse Jampal Norbu
 - Lhöppon Rinpoche
- A captivating performance of the Lingdro Dance in exquisite traditional costumes
- Conclude this festive event with an optional dance circle, led by Tseyang La!

The event will take place at the Avalon Ballroom, 6185 Arapahoe Rd, Boulder, CO 80303
Date: June 17th ,2023.

There are two ways to attend:

1. In-person participation, facilitated by a \$20 ticket, fee covers event costs and including a vegetarian lunch. Children 12 and under free admission, but please RSVP. Purchase at.
<https://www.eventbrite.com/e/honoring-the-life-of-jamgon-mipham-and-fundraiser-for-mipham-shedra-temple-tickets-652239745637>.



Mipham Shedra Tibetan Buddhist Meditation Center Presents

A Day of Sacred Dance and Prayer, with Vegetarian Lunch included.

June 17 2023
Avalon Dance Studio
Boulder CO

In person: \$20
donation covers expenses related to event

Featured Guests

Ven. Bhakha Tulku Rinpoche Dzigar Kongtrul Rinpoche Dungse Jampal Norbu Semo Tseyang Dronma Lhöppon Rinpoche

Doors open at 10:00 am
Optional Feast Prayer Begins at 10:30 am

Included Veg. Lunch and Dharma Talks 12:00-3:00 pm
Mantra and Flute Song by Ven. Bhakha Tulku Rinpoche
Dharma Talks with:
Dzigar Kongtrul Rinpoche
Dungse Jampal Norbu
Lhöppon Rinpoche
Semo Tseyang Dronma and Lingdro Dance Performance

www.miphamshedra.org *Free admission for children 12 and under. Please RSVP

Zoom: no cost, please RSVP

Registration Flyer for Event

2. Digital participation via Zoom, free of charge. Register at <https://www.eventbrite.com/e/zoom-registration-for-honoring-the-life-of-jamgon-mipham-and-fundraiser-tickets-652622580707>
3. Voluntary donations, always appreciated, can be made at <https://miphamshedra.org/donate/>
4. Cover story with images and press release.
<https://miphamshedra.exposure.co/5fd313bb428d8a9152c7dc887606e4fb>

About Mipham Shedra Tibetan Buddhist Meditation Center:

Mipham Shedra Sangha is a non-profit organization located in Westminster, CO. We are dedicated to preserving and promoting the rich heritage of Tibetan Buddhism. Through a variety of study groups, workshops, retreats, and special events, we aim to foster understanding, build community, and heal the World.

For additional information or inquiries, please reach out to us:

Contact: Mipham Shedra Address: 8200 W 106th Ave, Westminster, CO 80021 Tel: 303-449-0319

Email:

info@miphamshedra.org Website: www.miphamshedra.org

Mipham Shedra

Mipham Shedra Tibetan Buddhist Meditation Center

[email us here](#)

+1 303-449-0319

Visit us on social media:

[Facebook](#)

[Instagram](#)

[YouTube](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/638814484>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.