

A Beautiful Biography on Winning at Life and Love

Professional journalist publishes her biographical book.

COOKSTOWN, NEW JERSEY, UNITED STATES, June 12, 2023

/EINPresswire.com/ -- Author Myrna

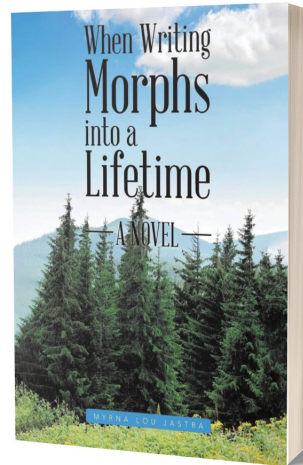
Lou Jastra writes "[When Writing Morphs into a Lifetime: A Novel](#)," a biographical book recounting her journey as a writer and journalist and how it led her to meet her husband and move to the United States with their three young children.

The novel begins with Jastra's experiences in academic work and

later as a news reporter on the beat for the Manila Bulletin, a news daily in the Philippines. She writes about how she met her husband, also a writer at the time, as an editor of his school's publication and how he wrote to her as a college student requesting contributions from her without them ever having met. The book also details how Jastra and her husband moved to the United States to pursue higher education and how they both worked for their graduate degrees at the University of Southern California while raising children.

Throughout the book, Jastra emphasizes her passion for writing and how it has shaped her life. She has served as a columnist for two community weeklies for over six decades and has authored three books. Despite her many achievements, the author humbly notes that she did not keep opinions or commentaries from those who volunteered to write reviews of her books.

In an excerpt from the novel, Jastra writes as she saw her husband who said, "When I saw you the first time, I waited before I could approach you. You looked happy with your college group. I had known you were not going out with anyone. Knowing that you didn't have a steady as a source of comfort for me. I looked at you physically from a distance. This is the closest we've been since. I won't even say it was love at first sight. It was the other way around. Subtle attraction from a distance?"



"When Writing Morphs into a Lifetime: A Novel" is a heartfelt memoir that chronicles Jastra's life as a writer and journalist and how it has shaped her personal and professional journey. It is a must-read for anyone interested in the life of a successful writer and for those who seek inspiration in pursuing their passions.

Get to know more about author Myrna Lou Jastra on her website at www.myrnaloujastra.com and be inspired by her beautiful life story in "When Writing Morphs into a Lifetime: A Novel," available on Amazon and across other major online platforms.

About The Reading Glass Books

The Reading Glass Books is your local bookstore with a heart and now an emerging self-publishing house. We believe that each book is an experience, and we take that into heart as we celebrate both writers and readers manifested on our bookshelves—becoming part of everyone's reading journey since 2020. Please visit www.readingglassbooks.com for more information.

Lyn Goot

The Reading Glass Books

support@readingglassbooks.com

Visit us on social media:

[Facebook](#)

[Twitter](#)

[Instagram](#)

[YouTube](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/639091985>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.