

# Breast Cancer Survivorship: Managing Long-Term Side Effects and Risks

*Subtle Shifts in Medical Paradigms  
Enhance Survivorship Experience*

NEW YORK, NY, USA, June 27, 2023 /EINPresswire.com/ -- In a world where [breast cancer](#) has become a prominent health concern, survivorship has taken on a pivotal role in medical discussions. Radiosurgery New York ([RSNY](#)), a cutting-edge medical team comprised of physicians and nurses, has been immersed in the evolution of cancer care, particularly in the realm of breast cancer.

Breast cancer survivorship is not only about overcoming the disease but also about managing the long-term side effects and risks associated with the treatment. While remission brings relief, it also brings challenges that survivors must navigate in their journey towards a new normal. These challenges, though often unseen by the broader public, can have a significant impact on the quality of life of survivors.

Medical research has shown that some breast cancer survivors may face long-term side effects from their treatment. These can range from fatigue and lymphedema to more severe issues like heart problems and secondary cancers. Almost two-thirds of survivors experience at least one side effect from their treatment, while one-third experience severe or disabling side effects.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8661054/>

A significant part of managing these side effects is regular follow-up care. Regular health checks can help monitor for recurrences and manage side effects. Additionally, these visits can also address the psychological impact of cancer, providing essential support for survivors as they adjust to life after cancer.



The advertisement features a woman's hands holding a pink breast cancer awareness ribbon against a black top. To the right, a smartphone displays the RSNY logo (Radiosurgery New York) and the text: "Thriving Beyond BREAST CANCER", "EXPERIENCE THE RSNY DIFFERENCE.", and the website "www.rsny.org".

Thriving Beyond Breast Cancer - RSNY

The field of oncology is continually evolving, and breast cancer care is no exception. RSNY, for instance, has been at the forefront of developing and refining non-invasive techniques such as Fractionated Stereotactic Brain Radiosurgery. These treatments, initially used for treating benign and malignant brain tumors, are being explored for their potential benefits in other areas, including breast cancer.

The focus of the medical community is not just on treating the disease but also on managing the journey that follows. Surviving breast cancer is only the first step. A comprehensive approach to care, one that considers both the physical and psychological needs of survivors, can help ensure that those who have fought cancer can lead fulfilling, healthy lives post-treatment. It is this shared vision that continues to guide teams like RSNY as they strive to enhance the survivorship experience for those diagnosed with breast cancer.

Breast cancer survivorship is a multifaceted journey that requires ongoing support and care. The long-term side effects and risks associated with treatment underscore the need for a holistic approach to survivorship care that includes both physical and mental health support. As the medical community continues to innovate and improve treatment techniques, the focus on survivorship care remains a priority.

In the fight against breast cancer, survivorship care is just as important as the initial treatment.



Conquer Breast Cancer - RSNY



Empowering Breast Cancer Survivors - RSNY Cares

By focusing on managing long-term side effects and risks, the medical community aims to not just extend life but enhance it. Whether it's the pioneering work of teams like RSNY or the collective efforts of medical professionals worldwide, the pursuit of improved survivorship care continues to drive advancements in the field of oncology. As the understanding of breast cancer evolves, so does the approach to survivorship care, promising a better, brighter future for survivors everywhere.

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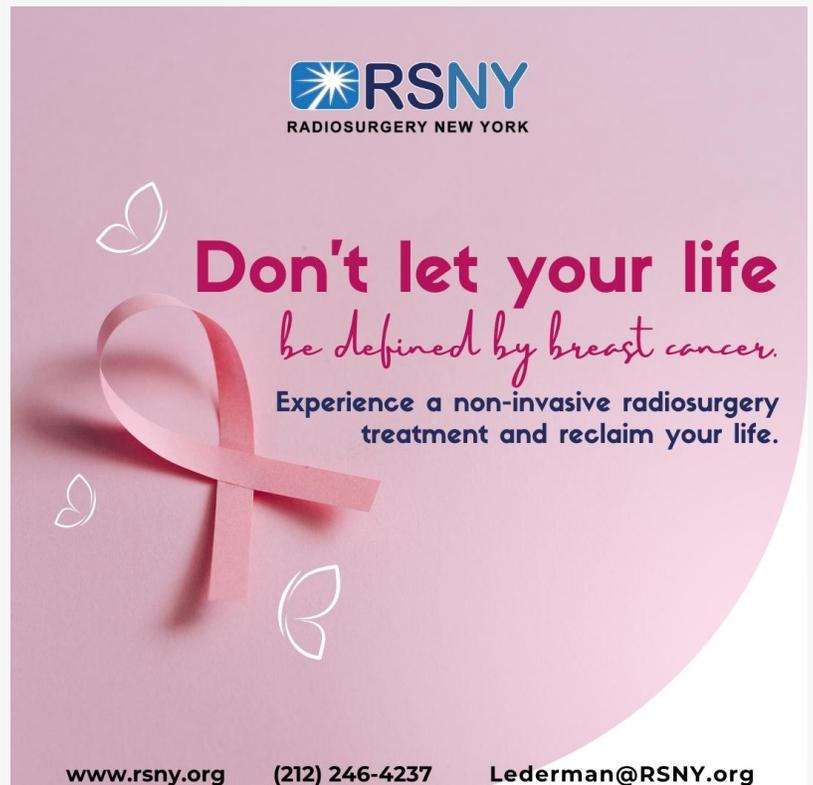


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Breast Cancer Treatment - Reclaim Your Life

This press release can be viewed online at: <https://www.einpresswire.com/article/641180308>

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