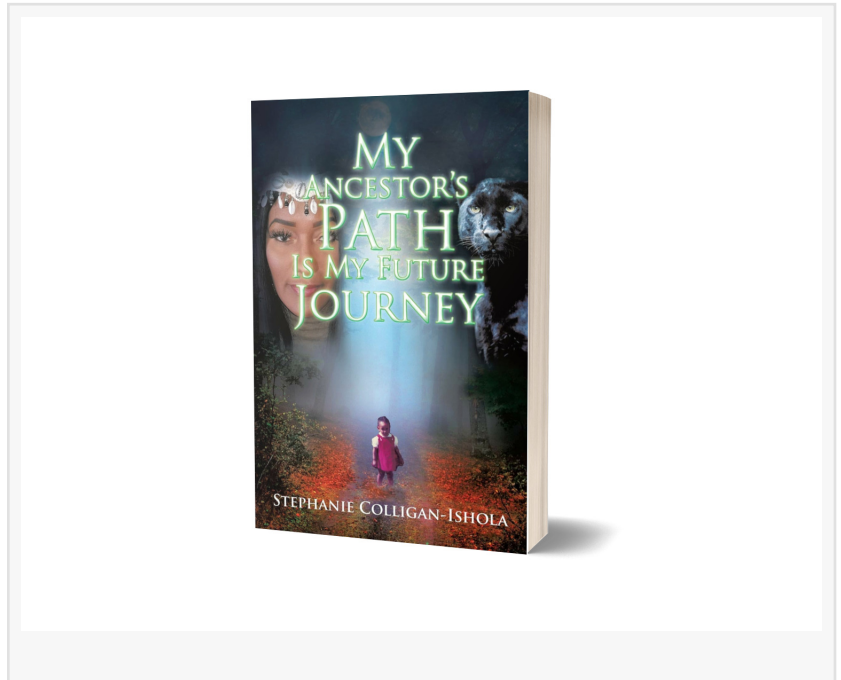


A Captivating Tale of Family Lineage, Faith, and Personal Growth

Readers are inspired to delve into their own ancestral past, forging a connection with their cultural roots and ultimately discovering their true identity.

COOKSTOWN, NEW JERSEY, UNITED STATES, July 9, 2023 /

EINPresswire.com/ -- Stephanie Colligan-Ishola, a certified crisis instructor and a passionate advocate that champions humanitarian causes, writes, "My Ancestor's Path Is My Future Journey," a compelling work that delves into the remarkable history of her family lineage, chronicling their birth, struggles, and triumphs across generations.



At the heart of the narrative lies the story of Stephanie's third great-grandmother, Adeline Matilda Brown, and her relationship with Bernard Colligan, which laid the foundation for their family lineage in Opelousas, Louisiana. "My Ancestor's Path Is My Future Journey" gracefully weaves together the lives of her ancestors, revealing the intricacies of their experiences and the profound impact they had on Stephanie's journey towards self-discovery, renewed faith, and holistic well-being.

Born and raised in Lafayette, Louisiana, Stephanie Colligan-Ishola is a distinguished member of various esteemed organizations committed to humanitarian aid and services. Her affiliations include the American Federation of Teachers, American Psychological Association, National Organization for Human Services, National Society of Collegiate Scholars, The Society for Collegiate Leadership, and the Medical Reserve Corps. As the founder of House of Anajat, an organization dedicated to supporting women and teenagers in crisis, Stephanie exemplifies her commitment to improving the lives of others.

To get the latest update on authors, book events, publishing and marketing opportunities, like

and follow The Reading Glass Books on Facebook.

About The Reading Glass Books

The Reading Glass Books is your local bookstore with a heart and now an emerging self-publishing house. We believe that each book is an experience, and we take that into heart as we celebrate both writers and readers manifested on our bookshelves—becoming part of everyone’s reading journey since 2020.

Please visit www.readingglassbooks.com for more information.

Lyn Goot

The Reading Glass Books

support@readingglassbooks.com

Visit us on social media:

[Facebook](#)

[Twitter](#)

[Instagram](#)

[YouTube](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/643696417>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.