

Farm Days Festival 2023 featuring Rich Roll and Peter Singer

Don't miss Ethos Farm Project's Farm Days Festival on September 9th and 10th!

LONG VALLEY, NJ, UNITED STATES, July 19, 2023 /EINPresswire.com/ -- Get ready for Farm Days Festival 2023.

Ethos Farm Project announces a weekend long event with inspiring speakers focusing on the ethics of eating and how whole plant-based food is medicine.

Ethos Farm Project(EFP) is excited to announce Farm Days Festival 2023 this Fall, a weekend long event, September 9th and 10th, to be held at Ethos Farm, a historic 342-acre farm located at 177 West Mill Road in Long Valley, NJ.

Expert speakers from across the country will be presenting over the weekend including Peter Singer, Rich Roll, Dr. Dean Sherzai, Dr Ayesha Sherzai, Dr. Columbus Batiste, Dr. Meagan Grega, Sara Farley, Bob Quinn, Lianna Levine Reisner, Janette Spiezio, Brittany Jaroudi, and EFP Founder, Dr. Ronald Weiss.

“

We are, quite literally, gambling with the future of our planet- for the sake of hamburgers.”

Peter Singer

In addition to these luminary speakers who will speak about the impact of our diets on health, climate change, and how what we eat impacts the rights of nature, there will be yoga, tours of the regenerative and organic farm, movement and mindfulness activities, and whole food plant based (sugar, oil, salt free) food for sale courtesy of The Kellyn Foundation.

Dr. Ronald Weiss states “I tell people that there is no reason to feel powerless when it comes to



ETHOS FARM PROJECT PRESENTS

Peter Singer, Rich Roll, Dr Ron Weiss, Dr Dean Sherzai, Dr Ayesha Sherzai, Dr Meagan Grega, Dr Columbus Batiste, Sara Farley, Brittany Jaroudi, Lianna Reisner, Bob Quinn, Janette Spiezio, Andrew Chignell

FARM DAYS FESTIVAL 2023
ETHOS FARM IS THE PLACE TO BE IN SEPTEMBER!
SAT SEPT. 9TH & SUN SEPT. 10TH
7 AM - 5:30 PM
177 W MILL RD
LONG VALLEY, NJ 07853
FOR MORE INFORMATION AND TO REGISTER VISIT:
ETHOSFARMPROJECT.ORG/FARMDAYS

Inspiring Speakers at Farm Days Festival 2023

improving their own personal health, acting to reverse climate change and the decline of species. Three times a day, every time we sit down to eat, each one of us has the opportunity to regenerate our health and the health of our planet. So, consider what's at the end of your fork, it's the single most powerful thing you can do everyday. As Greta Thunberg says, "The only thing we need more than hope is action."



Tickets can be purchased at www.ethosfarmproject.org/farmdays or requests for a scholarship can be emailed to inquiry@ethosfarmproject.org

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Ethos Farm Project is a 501(c)(3) whose mission is to address the interconnected nature of how agriculture affects human health, planetary health, and our relationship with nature all while producing truly nourishing food to feed our community, restoring the land, and cultivating and empowering a new generation of farmers, doctors, and nurses through our hands-on educational programming.

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