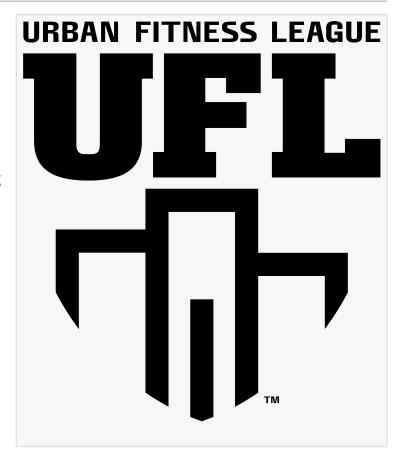


URBAN FITNESS LEAGUE LAUNCHES FOUR TEAMS BATTLING FOR 2023 UFL CALISTHENICS CHAMPIONSHIP

The UFL launches inaugural four franchises with a four city launch tour culminating in the 2023 UFL Championship, December 3rd, 2023 at Brooklyn Steel.

BROOKLYN, NEW YORK, USA, July 27, 2023 /EINPresswire.com/ -- The Urban Fitness League (UFL), a professional league featuring extreme calisthenics athletes, today announced the launch of its inaugural four franchises with a four city launch tour culminating in the 2023 UFL Championship, December 3rd, 2023 at Brooklyn Steel. The UFL's charter franchises are Los Angeles, Miami, Baltimore and Brooklyn. The high-octane sport showcases the world's best calisthenics athletes in an unprecedented convergence of sport, style and music as each team will participate in the UFL's first ever launch tour where each athlete will



participate in an exhibition event that will be free to the public. Each UFL event will feature three rounds: Relay Medley, Throwdowns and the Battle.

The UFL 2023 tour schedule includes four team launch events in each city culminating in the championship. The team launch events will include an "Open Run" tryout session.

2023 UFL Tour Schedule

Brooklyn Team Launch Saturday, August 12, 2pm Ferox Athletics 72 Noble St, Brooklyn, NY 11222 Baltimore Team Launch Saturday August 19, 6pm Hammerjacks 1300 Russell Street, Baltimore, Maryland

Miami Team Launch Friday September 15, 7pm Miami Beach Bandshell 7275 Collins Ave Miami Beach, FL 33141

Los Angeles Team Launch Sunday October 29, 2pm Muscle Beach Venice Beach 1809 Ocean Front Walk, Venice, CA 90291

UFL 2023 Championship Sunday December 3, 6pm Brooklyn Steel 319 Frost St Brooklyn, NY 11222

Ticket and tryout information for all events is available at UFLpro.com.

About Urban Fitness League

Urban Fitness League (UFL) is a professional sports league providing a dynamic convergence of extreme calisthenics, style and music. In 2017, the UFL held the first UFL World Cup with Team USA edging out the World Team to win the title. The 2023 UFL tour represents the inaugural season of city based franchises competing for the UFL championship. More information can be found at www.uFlpro.com.

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