

# Empowering Transformation: It's Your Story to Tell Coach Collective Welcomes Three Exceptional Coaches

A major expansion at It's Your Story to Tell Coach Collective, symbolizing a pivotal step in our mission to empower individuals on their transformative paths.

PORTLAND, OREGON, UNITED STATES, August 18, 2023 /EINPresswire.com/ --It's Your Story to Tell Coach Collective is It's your Story To Tell

We are personal and professional growth and development coaches.

thrilled to announce a momentous expansion that marks a pivotal chapter in our commitment to empowering individuals on their transformative journeys. Our esteemed coaching collective is now enriched by the invaluable addition of three exceptional coaches, each bringing a distinct

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There's no one way to feel, and there's no one way to heal."

Megan Babcock

set of skills and experiences that further elevate our mission. Guided by the visionary leadership of our illustrious founder, Megan Babcock, It's Your Story to Tell Coach Collective has evolved into a haven of unparalleled support, insightful guidance, and genuine empowerment. This expansion stands as a testament to our unwavering dedication to fostering personal development and

catalyzing genuine transformation.

At the heart of our mission lies Megan Babcock's steadfast belief that individuals are the true architects of their lives. This belief propels our coaching approach, which is deeply rooted in a growth mindset that resonates throughout every facet of our collective endeavor. Our journey with clients extends far beyond the conventional realms of coaching; it's a commitment to self-discovery, a liberation from limiting beliefs, and a profound metamorphosis that equips individuals to compose their own narratives.

### **Meet Our New Coaches:**

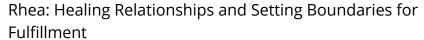
Elissa: Empowering Domestic Abuse Survivors to Thrive

Elissa's remarkable journey from victim to survivor to thriver serves as a beacon of hope for domestic abuse survivors. Her lived experience provides a deep and empathetic understanding of the complexities that survivors face. Through her compassionate coaching approach, Elissa

creates a nurturing and empowering environment for survivors to validate their experiences and emotions. She guides them on a transformative journey towards healing, self-discovery, and rewriting the narratives that have held them captive for far too long.

Hannah: Navigating Holistic Wellness and Grief for Inner Strength

In a world that often imposes challenges and heartaches, Hannah specializes in empowering women to achieve holistic wellness and rediscover their inner strength. With her compassionate guidance, clients are provided a safe space to navigate life's disappointments, unfulfillment, and the intricate landscape of grief. Hannah's expertise lies in facilitating healing through active listening, thoughtful guidance, and fostering new perspectives. Her unwavering commitment to helping clients find renewed purpose and vibrant well-being makes her an indispensable ally for those seeking positive change and personal growth.



Rhea's unique expertise lies in guiding individuals

through the essential journey of healing from narcissistic relationships and establishing healthy boundaries. Drawing from her own transformative experiences, Rhea offers a compassionate and realistic coaching style, creating a safe haven for clients to explore their emotions and navigate challenges. Her philosophy centers on understanding clients' individual backgrounds and tailoring effective solutions, particularly for those grappling with relationship difficulties. Rhea's commitment to empowering individuals at their most vulnerable moments is the cornerstone of her coaching practice.

# A Holistic Approach to Empowerment:

It's Your Story to Tell Coach Collective stands out for its holistic approach to empowerment. While traditional therapy, counseling, or coaching might have provided partial solutions, our collective evaluates the complete spectrum of individual experiences. Our coaches curate personalized recommendations that initiate transformative healing practices, ensuring a level of support that goes beyond expectations.

# **Versatile Coaching Offerings:**

1:1 Coaching: Experience deep and personalized exploration through private 60-minute sessions with a dedicated coach. Together, navigating emotions, monitoring progress, and employing effective techniques.



Megan Babcock, Lead Transformation Coach, Speaker, Podcast Host, and Founder It's Your Story to Tell

Group Coaching: Join a dynamic community in our group coaching sessions. These gatherings offer a shared space for learning, growth, and the exchange of insights among like-minded individuals. Led by skilled coaches, clients benefit from collective wisdom and diverse perspectives as they progress towards their aspirations.

Workshops and Courses: Our offerings extend beyond coaching sessions. Gain insights in our workshops and courses, tailored to foster growth, skill enhancement, and transformative change.

### Podcast and Community Engagement:

Join us in celebrating the power of personal narratives through our podcast. Each episode shares inspirational stories of triumph over adversity, providing a platform for individuals who have transformed pain into purpose. Visit <a href="https://www.itsyourstorytotell.com/podcasts/it-s-your-story-to-tell">https://www.itsyourstorytotell.com/podcasts/it-s-your-story-to-tell</a> to listen to captivating episodes that illuminate the transformative journey.

## Join the Journey:

TikTok

At It's Your Story to Tell Coach Collective, we extend a warm invitation to embark on a transformative journey of self-discovery, growth, and empowerment. Each person has a unique story, waiting to be told in their own words and we want to help you tell it.

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