

2023 Fall Diabetes Awareness Walk and Health Fair in Long Beach

Shelia LeFridge President, Clarissa Manuel Foundation
contact@clarissamanuelfoundation.org

LONG BEACH, CA, USA, August 26, 2023 /EINPresswire.com/ -- Each year, the Clarissa Manuel Foundation (CMF) sheds light on the health risks associated with high blood sugar levels and complications with [Diabetes](#). In preparation for Diabetes Awareness Month ahead, CMF will host a Diabetes Walk and Health Fair. This event will be held Saturday, October 28th, 2023.

Location: Houghton Park
Date: Saturday, October 8th, 2023
Address: 6301 Myrtle Ave, Long Beach, CA 90805
Time: 9 AM to 1 PM (Check-in at 8:30 AM)
Register @ www.clarissamanuelfoundation.org

The walk will be packed with information, fitness tips and great opportunities to support the foundation's growing programs. There will have raffles, stretch and meditation startups, drink and snack pit-stops and fun for kids too!

Participants will have the opportunity to pledge donations and walk to represent family, team or the [community](#). Fun for the entire family! All are encouraged to wear [Halloween](#) costumes or tutus.

The Clarissa Manuel Foundation Diabetes Walk and Health Fair is a fundraiser for health initiative programs and events that are provided to the community. A portion of the proceeds will go towards the American Diabetes Association. To register or to learn more about this event,



visit www.clarissamanuelfoundation.org.

Shelia LeFridge

Clarissa Manuel Foundation

+1 562-354-0735

[email us here](#)

Visit us on social media:

[Facebook](#)

[Instagram](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/652156719>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2023 Newsmatics Inc. All Right Reserved.