

Surat's Dr. Dharmesh Balar conquers Paris-Brest-Paris cycling challenge with Dholakia Foundation's support

Dr. Dharmesh Balar, a Surat homeopath, left an indelible mark in global cycling with his 1200km in Paris-Brest-Paris feat.

SURAT, GUJARAT, INDIA, September 3, 2023 /EINPresswire.com/ -- Dr. Dharmesh Balar, a homeopathy doctor from Surat, has left an indelible mark on the global cycling community with his extraordinary achievement in the challenging [Paris-Brest-Paris](#) (PBP) endurance cycling event. With 1200 kilometers distance and 12,000 meters elevation gain, PBP is renowned as one of the most demanding cycling challenges, attracting participants from over 40 countries.

A true embodiment of the spirit of Surat, Dr. Dharmesh Balar, a finisher on first attempt, undertook the formidable PBP course with unwavering resolve. Covering a total distance of 1219 kilometers and ascending an impressive elevation of 11,700 meters, he completed this rigorous journey in an astonishing time of 88 hours and 36 minutes. His achievement reflects not only his cycling prowess but also his commitment to pushing personal limits.

Dr. Balar's journey to success in the Paris-Brest-Paris challenge is a testament to his relentless pursuit of excellence and his dedication to both his medical profession and his passion for



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cycling. As a distinguished homeopathy doctor in Surat, he has garnered respect for his healing touch and compassionate care. His exceptional feat in the world of cycling adds another dimension to his multifaceted persona.

Furthermore, Dr. Dharmesh Balar's remarkable accomplishment was made possible with the invaluable support of the [Dholakia Foundation](#). The foundation's encouragement and assistance were instrumental in helping him overcome the challenges of the PBP journey, emphasizing the spirit of community and collaboration.

Beyond his triumph at PBP, Dr. Balar's cycling journey is adorned with numerous achievements. He has conquered the 1200-kilometer ride twice, triumphed in the 1000-kilometer challenge, and embraced various other cycling tests including 600km, 400km, 200km, and 300km rides. These accomplishments underscore his enduring commitment to pushing limits and achieving the extraordinary.

Noteworthy among his achievements is a remarkable 1600-kilometer journey from Surat to Dwarka and back, completed within an impressive five days. Dr. Balar's ability to excel in the face of such challenges serves as a shining example for individuals seeking to transcend their own boundaries and achieve greatness.

Dr. Dharmesh Balar's notable feat in the Paris-Brest-Paris challenge exemplifies his unyielding determination and exceptional capabilities. His journey inspires fellow Suratis, the medical community, and cycling enthusiasts worldwide, illustrating the power of dedication and resilience.

Worldwide, the PBP event drew in a total of 6,231 cyclists. Impressively, 78.6% of these riders successfully completed the route. Among the 265 participants from India 2 of them are from Surat, with 48% of them managing to cross the finish line.

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About Dr. Dharmesh Balar:

Dr. Dharmesh Balar is a homeopathy doctor based in Surat, known for his remarkable achievements in the world of endurance cycling. Alongside his thriving medical practice, he has continually pushed boundaries in the cycling realm, earning recognition for his exceptional dedication and accomplishments.

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