

Mary Ellen Jackson's "Bella and Mirabel" brings an uplifting story of freedom and purpose

In "Bella and Mirabel," Jackson skillfully weaves humor and inspiration, challenging readers' ingrained beliefs and societal expectations.

LOS ANGELES, CALIFORNIA, UNITED STATES, September 13, 2023 /EINPresswire.com/ -- "Bella and Mirabel" delivers its profound messages through the mischievous yet compassionate character, Bella, who ingeniously employs everyday objects like hair brushes and hats as tools to convey her wisdom. Through entertaining analogies, such as comparing hard and soft bristle brushes, Bella playfully highlights the repercussions of pushing oneself excessively on the spiritual path, emphasizing the importance of adopting a more balanced and gentle approach.



Bella And Mirabel: Messages of Delight Between an Earth Spirit and Her Human Sister

Drawing from her background in Advocacy for the Elderly and counseling services, Mary Ellen Jackson brings a wealth of experience and insight to her writing. Guided by Celeste, her mentor, and a mischievous diva, she has provided invaluable support to numerous individuals in their quest to explore their dreams, purpose, and the deeper meaning of life. Her workshops on channeling, the light body, mediumship, and the dying process have further enriched her understanding of the human experience.

Readers are invited to immerse themselves in the enchanting world of "Bella and Mirabel," where they are encouraged to challenge societal norms, embrace their individuality, and embark on a transformative voyage of self-discovery. Mary Ellen Jackson's poignant yet light-hearted narrative captivates the imagination, providing a new lens through which to appreciate the beauty of finding happiness in life's ordinary moments.

Copies of this book are now available on [Amazon](#) and other leading digital bookstores.

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Elmer Teves
Olympus Story House
8188090723 ext.
[email us here](#)

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