

Black Veg Society and The Plant Protocol™ partner to facilitate a three-part plant-based coaching business masterclass

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BALTIMORE, MARYLAND, UNITED STATES, October 11, 2023 /EINPresswire.com/ -- According to a 2016 Pew Research study, African Americans are the fastest-growing vegan and vegetarian demographic in the country. That migration, in the majority of cases, is due to chronic health challenges which include things like obesity, hypertension, type 2 diabetes, heart disease, high cholesterol, and kidney failure. In an effort to ensure marginalized communities have access to culturally relevant and diverse health coaches



and subject matter experts, <u>Black Veg Society</u> and <u>The Plant Protocol™</u> have partnered to facilitate a three-part plant-based coaching business masterclass training series for the fourth quarter of 2023.

During this complimentary virtual masterclass series taking place on October 11th, November 8th, and December 6th, participants will learn the fundamentals of what's required to have a successful plant-based coaching business, including how to attract clients and how to be profitable. Each class will also offer a personal development segment dedicated to exploring the mindset and identity of the aspiring health coaches. The Plant Protocol™ founder and facilitator of this series, Lisa A. Smith, who's dedicated her career to diversifying the plant-based coaching and education space will share how becoming a vegan health coach turned out to be her highest form of activism and how other passionate vegans can begin to do the same.

Lisa A. Smith expressed, "I want to encourage those that are living this plant-based lifestyle who are really high-level, to reach back and help someone else."

Black Veg Society (BVS) is a 501(c)3 organization whose mission is to educate predominantly Black, Indigenous, and People of Color (BIPOC) communities, on the benefits of holistic living, the plant-based diet, and veganism while building a community centered around healthy, accessible, and sustainable food and a focus on compassionate lifestyle choices.

The Plant Protocol™ is the first plantbased coaching certification to be founded by a person of color; they specialize in assisting plant-based

vegans with packaging their lifestyle into a specialized health coaching business. The Plant Protocol™ is committed to aiding marginalized communities with the adaptation of a whole food plant-based lifestyle by creating access to more diverse health coaches, speakers, and industry experts.

Series



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Lisa A. Smith

To learn more and register for this complimentary series, please visit

https://www.lisaangelsmith.com/blackvegsociety.

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