

# American IRA discusses If More Investors Are Using a Self-Directed IRA

*What do the statistics suggest about retirement investing in America? American IRA, a Self-Directed IRA administration firm, recently weighed in.*

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Although the Self-Directed IRA may be a popular way for investors to use the

tax benefits of IRAs while exercising more control over their retirement account, it can be difficult to track exactly how popular it might be. A recent [post](#) at American IRA helped highlight this challenge. It also looked at how Self-Directed IRA investors might be interested in finding a solution that works for them—especially given the context of how much money goes towards retirement accounts every year. Although there is no definitive answer to how many investors use a Self-Directed IRA, this recent post helped highlight what investors might be thinking as of late.

American IRA first opened the post by explaining how many investors use Self-Directed IRAs, by best estimation. Unfortunately, this [information](#) can be a bit difficult to find. American IRA did note that there are trillions of dollars worth of assets in retirement money, citing statistics that date back a few years. However, economic disruptions since the days of COVID may have had an adverse impact on how much money many people keep in retirement assets.

Additionally, it can be difficult to trace how many investors use Self-Directed IRAs, as there isn't a strict census taken of which investors are using what style of investing. However, it's reasonable to assume that Self-Directed IRAs are relatively widespread, given how many brokerages and Self-Directed IRA administration firms there are that offer help with this style of investing.

American IRA also addressed how not everyone has to use the same strategy for retirement. In its final section, American IRA talked about investing for an individual's needs rather than simply trying to follow the beaten path in investing. And for many, that's the point of Self-Directed IRA investing in the first place.

Want to know more about American IRA? The Self-Directed IRA administration firm regularly



**AMERICAN IRA**  
Self-Directed IRAs and 401Ks

[www.AmericanIRA.com](http://www.AmericanIRA.com)

releases information and guides for investors looking to learn more about Self-Directed IRAs. For more information, interested parties may reach out to American IRA at its website, [www.AmericanIRA.com](http://www.AmericanIRA.com), or call American IRA at 866-7500-IRA.

Rebekah Schram  
American IRA, LLC  
+1 828.257.4949

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